

**September 9, 2014**

**Group #3 (Vanessa B.): Focus on Adult Services**

**1. In looking at the key need and gap areas that have been identified so far, are there any, from your perspective, that are missing? If so, what are they?**

- 24/7 services
- Non-contingent housing
- Alternative support to medication
- We love MHCAN; longer house MHCAN hours
- Family Services Support; NAMI, non-stigmatized
- System problems creating mental illness
- Peer run peer services works! Therapeutic.
- Shared housing.
- Prejudice, discrimination. Communication doesn't stigmatize and blame mental health participants. Stop use of word "stigma"
- Public awareness of limited resources
- Ridiculous laws.
- Flexible services for mild to moderate. There is a penalty for high functioning or recovery.
- Not enough money; need more. Living wage
- Peer certification
- Peer run services
- Facilities in community such as (shower, laundry, toilets)
- New programs
- Vocational training apprenticeship (Cabrillo and Adult Ed)
- Help with parenting
- Educational vouchers (attached to benefits)
- One on one therapy
- Model like Beacon in service, more individualized peer support
- More peer Vets support in other locations
- More individual groups for vets
- Women and children; more groups and support in same location
- Self-fund (social enterprises, e.g. Homeless Garden Project)
- More services in one location (e.g. mental health, physical health, family support services)
- Housing for single parent family
- Coordinated entry (tell your story once only)
- IHSS at night
- Parenting skills
- Place to go to find out about diagnoses of family member
- Integrated services based at a medical home (not mental health)

- Mentor program for independent life skills

**2. Which need or gap areas are most important?**

- Money for everything (grants)
- Peer services
- Housing services (shared and transitional)
- Better personal assessment
- Staff to find housing

**3. Which need or gap areas should we focus on working on first?**

- Peer certification. Classes to become certified. Lived experience. Other states have this.

**4. Are there specific need or gap areas that may be unique or different for South County.**

Yes. More bilingual services.