## Access to Care: Follow-up Appointment Post-Hospitalization

## Introduction

Timely follow-up post hospitalization is a critical factor in reducing readmissions to the hospital, and connecting clients and families with aftercare to ensure the best outcomes.

- The County has a standard of a psychiatric visit occurring within 7 days of discharge from hospitalization.
- The County tracks compliance with our own standard.



## Results

**Description:** A follow-up appointment within 7 days of discharge from a psychiatric, in-patient hospitalization ensures that the individual continues their recovery and is connected to treatment. The benchmark for this measure is 75%.

**Frequency:** Reported quarterly, available approximately 4 weeks after the end of each quarter.

Calculation: Numerator: All Medi-Cal beneficiaries who received follow-up appointments within 7 days

-----

Denominator: All Medi-Cal beneficiaries discharged from psychiatric hospitalization

Adults: FY15-16 N=143/D=505 Compliance Rate 28%; FY14-15 N=207/D=588 Compliance Rate 35% Youth: FY15-16 N=30/D=62 Compliance Rate 48%; FY14-15 N=5/D=16 Compliance Rate 42%

(Data Source: Post Hospitalization: Avatar, admission/discharge data from hospital in TAR entry, Hospital Database, Query for first psychiatrist appt. Comparison data: same