

## **Santa Cruz County Jail Crisis Intervention Team**

**Phone: (831) 454-2865, Fax: (831) 454-5145, Email: CIT@co.santa-cruz.ca.us**

The Crisis Intervention Team's focus of services is on those individuals who present with a stated or suspected risk to themselves, a persistent mental health disability and/or individuals who present with psychiatric symptoms. CIT staff is available 7 days a week, with limited availability on Sundays, holidays & furloughs. Staff includes licensed Crisis Intervention Specialists, Jail Discharge Planner, Psychiatrist, Psychiatric Nurse Practitioner, a licensed supervisor and graduate level interns who provide brief counseling.

### **To request psychiatric services for your loved one:**

- 1. Fill out the *Jail Crisis Intervention Team Referral Form* and either drop it off with Jail Reception, fax it or email it to the CIT Team.**
- 2. Follow up with a call to the Crisis Intervention Team to confirm they have received the referral and to give any more additional information. Please remember that CIT can't release any information without a signed release of information from the client.**
- 3. Encourage your loved one to submit a request for CIT services. Request forms are available from the housing unit officers.**

### **Information about court:**

- 1. Call (831) 454-2420 to find out when your loved one is scheduled for court.**
- 2. Attend the court date and request to speak with your loved one's attorney to provide information and make request.**

### **How can I visit my loved one?**

- 1. Call (831) 454-2420 or visit [www.scscherriff.com](http://www.scscherriff.com)**
- 2. All inmates are responsible for filling out a *Visitor Clearance Form*. The inmate will need each visitor's full name, address, phone number, date of birth and a Government ID.**
- 3. Visiting hours on Saturdays, Sundays and some holidays and are scheduled ahead of time. You must call (831) 454-2420 to schedule the visit.**

### **How do I support my loved one if accessing mental health services once released from jail?**

- 1. If an individual is interested in receiving mental health services they must be evaluated by the Access Team at County Mental Health. This service is provided between 8:00 am and 5:00 pm, Monday through Friday, except on holidays. This team will determine if an individual meets eligibility criteria and / or direct the individual to appropriate services.**
- 2. Call (800) 952-2335 24 hours a day. Urgent care can also be requested 24 hours per day by calling this number for existing consumers of County Mental Health.**
- 3. Always call 911 if someone is a risk of harm to themselves or others and needs immediate help.**