

**MINUTES APPROVED –
April 19, 2018**

MENTAL HEALTH ADVISORY BOARD

March 15, 2018

3:00 p.m. – 5:00 p.m.

85 Nielson Street, Watsonville, CA 95076

Present: Hugh McCormick, Jim Roszell, Jodie Wells, Lynda Kaufmann, Rebekah Mills, Xaloc Cabanes, Supervisor Greg Caput

Excused Absence: Aimee Escalante, Kathleen Avraham

Unexcused Absence: Bek Sebedra, Charlotte Reyes

1. Public Comment

- Audience member voiced concern regarding the needs of the senior community, if they are being met or need more support in getting additional services to Seniors in the County
- Another audience member raised the question about the use of existing facilities that are vacant which can be used for supported housing and treatment for the homeless individuals who are dealing with behavioral health and substance use disorders
- Another audience member expressed concern for housing retention of behavioral health clients in the community
- Article was passed around regarding \$2 Billion not being spent for behavioral health client population

2. Approved meeting minutes for February 15, 2018

Motion by Rebekah Mills to approve MHAB minutes for February 15, 2018.
Second by Hugh McCormick.

AYES: Hugh McCormick, Jim Roszell, Jodie Wells, Lynda Kaufmann, Rebekah Mills, Xaloc Cabanes, Supervisor Greg Caput

ABSTAIN: 0

ABSENT: Aimee Escalante, Kathleen Avraham, Bek Sebedra, Charlotte Reyes

3. Standing Board of Supervisors (BOS) report, Greg Caput:

- Behavioral Health Facility in Watsonville – foundation underway
- Veteran’s Building available for Mental Health Advisory Board Meetings

4. Standing Behavioral Health (BH) Directors report, Erik Riera:

- Director’s Update to the Mental Health Advisory Board
 - SB906 Peer Certification Bill – establish a certification process for peer and family support services; may open up a pathway for these services to become reimbursable under Medi-Cal; will likely include a clause to include peer staff who are already working within a community mental health center
 - Department of Health Care Services Audit (DHCS) – DHCS performed an audit of our County on February 26th to March 1st to determine compliance on a set of systems domains and compliance with documentation standards. This year’s audit 257 Domain Areas (40% of the new domain areas were added after July 1st). Current

score: 85-90%. Prior audit for the Chart Review was 50% denial rate, this year's audit was 90% compliance rate (may be higher)

- Final audit for this year is the annual external quality review audit on April 11 and April 12
- MHAB Presentation to the Board of Supervisors
April 24, 2018 sometime after 9:00 a.m., regular agenda item and limited to 10 minutes
- Behavioral Health Director will have presenter at a future Mental Health Advisory Board Meeting to discuss Behavioral Health Budget

5. Sub-committee and Board Member Reports:

- Jail Committee Report, Rebekah Mills
 - Progress since February
 - Working to establish short- and long-term goals for the focus areas of: learning about roles and responsibilities of jail staff; improving communication between jail staff and support people of folks in jail experiencing mental health issues; psychiatric medication availability and appropriateness for people in jail; and issues around people in jail found Incompetent to Stand Trial
 - Continued learning by talking to people and reading reports, articles, books and legal documents
 - Continued outreach to let community know about jail committee, request input and participation from those with direct experience
 - Developed questionnaires to guide collection of experiences of people who have been in jail with mental health challenges, and their "support people"
 - Mike Neidig, retired mental health worker will be able to assist the committee until May. He has established programs in the jail in North Carolina and is helping the committee with research and suggestions, and will do presentation at April meeting
 - Upcoming
 - Continue to meet with Chief of Corrections, Steve Carney
 - Monthly meetings open to the public. Plan to have speakers and panels. Short presentations scheduled in April about "best practices" related to jail mental health, and about people found Incompetent to Stand Trial
 - Meeting in the future with Forensic Services Program Manager Jasmine Najera to establish a basis for collaboration with jail mental health staff
 - Tour of main jail pending
 - Current or Anticipated Needs:
 - Would like to have Jail Committee webpage on the County Behavioral Health Website, linked to/from the MHAB webpage

- Seeking two volunteers to join the Jail Committee; one who has worked in a jail providing mental health services and another who has worked as a Correctional Officer
- Anyone who would like to act as a resource for this committee is welcome to attend monthly meetings or contact Rebekah Mills rmkills@gmail.com

6. Presentation: Theresa Comstock, President of the CA Association of Local Behavioral Health Boards & Commissions

- The association provides support and resources, ensures training is available; also looks for regional and statewide issues that need to combine the boards and commissions together to do some advocacy
- Resources are available on the website such as Data Notebooks from other Counties, Templates, Mental Health Advisory Board Member Guide, Best Practices Handbook, etc.
- MHSA Summary- developed the first online training module, summarizing the process, the role of the board, the role of the director, the role of the Board of Supervisors; oversees the community program planning process
- Adult Residential Facilities (ARF) – identified as statewide issue where Boarding & Care have long waiting lists are closing; don't have good fiscal models to stay afloat; need more training and support for staff
- Individual Placement & Support (IPS) – successful employment practice which allows three sources of money and support between MHSA, Department of Rehabilitation and Medi-Cal to put these programs in place. People are 2.5 times more likely to get a job with IPS vs. traditional rehab programs. People in IPS work longer stints, earn more money, and more likely to become steady workers than people in traditional programs
- Upcoming CALBHB/C Meeting – April 20, 2018 and April 21, 2018 Meeting will include topics of Disaster Readiness and Recovery, presentation on Fiscal Reporting Tool, discussion on Community Planning Process, and discussion on MH/BH Regional/Statewide Issues/Successes

7. Unfinished Business:

a. MHAB Strategic Plan

Discussion of possible presentation topics, site visits, and retreat dates will be postponed to the next meeting.

8. Motion to adjourn made by Rebekah Mills. Second by Supervisor Greg Caput. Meeting adjourned at 5:02 p.m.