

# **Perinatal Resource Guide**

**Santa Cruz County  
2010**

**Developed and revised by  
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# Perinatal Resource Guide

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The Guide includes community service resources in the following areas:

Abortions	General Resources/Information
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Childbirth Classes	Legal Assistance
Children's Services	New Mother Support
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Crisis Intervention	Pregnancy Testing
Dental Care	Special Needs (Children)
Employment Assistance	Substance Use Information
Family Planning Services	Teen Services
Financial Assistance	Tobacco Cessation
Food/Nutrition	Transportation

For periodic updates of agency/service information included in this Resource Guide, go to <http://www.santacruzpl.org/cid/public> or call (831) 454-7558.

## Hotlines

Alcoholics Anonymous: 475-5782  
American Red Cross: 462-2881  
California SIDS Program: 1(800) 369-7437  
California Youth Crisis Line: 1(800) 843-5200  
Child Protective Services: 454-2273 or 763-8850  
Commission for Prevention of Violence Against Women: 685-3737  
Community Food Hotline: 662-0991  
County Mental Health Services: 1(800) 952-2335  
Defensa de Mujeres/Women's Crisis Support: 685-3737  
Mental Health Crisis Intervention: 1(800) 952-2335  
Narcotics Anonymous: 429-7436  
Parental Stress Hotline: 426-7322, 724-2879  
Poison Control - 24 hours: 1(800) 876-4766 or 1 (800) 972-3323, 24 hours TDD (for deaf callers)  
Psychiatric Emergency: Dominican Hospital 462-7644  
Santa Cruz 454-4022  
Watsonville 763-8990  
Shelter Project/Community Action Board: 457-0511 or 728-4634  
Suicide Prevention - 24 hours: 458-5300 or 1 (877) 663-5433  
Walnut Avenue Women's Center: 1(866) 269-2559 (after 5pm)  
Women's Crisis Support/Defensa de Mujeres: 685-3737  
Youth Services: 425-0771

## Warm Lines / Information Lines

Certified Nurse Midwives Information Line: 425-3373  
Children's Mental Health: 1(800) 952-2335  
CTIS Pregnancy Risk Information: 1 (800) 532-3749  
Family Therapist Referral Line: 429-7786  
Health Information Nurse Line: 454-4339  
Health Care Access Line: 454-2515 or 763-8568  
La Leche League of Santa Cruz County: 425-3088  
Metro Bus Service Information: 425-8600  
New Life Community Services: 427-1007  
Nursing Mothers Counsel: 621-8412  
Parent Information & Referral Line: 1(800) 690-2282  
Parents Center: 426-7322 or 724-2879  
Perinatal Warm line: 831-454-4808  
Positively Parenting Warmline: 831-476-7284 x104  
Second Harvest Food Bank: 662-0991  
U.S. Consumer Product Safety: 1(800) 638-2772  
Visiting Nurse Association: 475-1501

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**ACCESS FOR INFANTS AND MOTHERS (AIM)**

1-800-433-2611

website: [www.aim.ca.gov](http://www.aim.ca.gov)

**Hours of services:** M-F 8am to 8pm & Sat 8am to 5pm

**Services:** Provides low cost health insurance to pregnant women and their infants including prenatal visits, hospital delivery, full care during pregnancy and for 60 days after the pregnancy. Also covers full health care services to the baby born from the pregnancy for the first two years of life.

**Eligibility / Fee:** Family income of 200- 300% of federal poverty level. Premium of 1.5% of annual income. Call for further information.

**Language spoken:** Spanish, English, and a total of 10 languages including Vietnamese and Cambodian

**Area served:** All of California.

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**ADOLESCENT FAMILY LIFE PROGRAM**

**Santa Cruz County Health Services Agency**

Public Health Nursing

1060 Emeline Avenue, Bldg. F

Santa Cruz, CA 95060

454-4339

Website: [www.santacruzhealth.org/phealth/2family.htm](http://www.santacruzhealth.org/phealth/2family.htm)

**Hours of service:** M-F 8 am to 5pm

**Services:** Public health nursing home visits provide support, education, referrals and case management for pregnant and parenting teens.

**Eligibility / Fee:** Must be under 19 years old to begin services; must *not* be eligible for Cal-Learn. No fees.

**Languages spoken:** English / Spanish.

**Area served:** All of Santa Cruz County

**ALCOHOLICS ANONYMOUS**

5732 Soquel Drive

Soquel, CA 95073

475-5782, fax: 475-5781

Website: [www.aasantacruz.org](http://www.aasantacruz.org)

**Hours of service:** M-F 9 am -5 pm & Sat. 10am – 2pm

**Services:** Weekly 12-step meetings conducted by and for community members who support each other in being clean and sober. 230 meetings per week throughout county.

**Eligibility / Fee:** None, contributions welcome.

**Language spoken:** English and Spanish

**Area served:** All of Santa Cruz County.

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**ALTO COUNSELING CENTER**

**Santa Cruz Community Counseling Center**

271 Water Street	10 Alexander St	740 Front St, Ste. 130
Santa Cruz, CA 95060	Watsonville, CA 95076	Santa Cruz, CA 95060
427-5290	728-2233	423-2003

Website: [www.sccccc.org](http://www.sccccc.org)

**Hours of service:** M-F 9 am –4:30 pm

**Services:** Outpatient chemical dependency programs, including DUI, employee assistance, domestic violence & drug diversion; prevention, early intervention & treatment; public presentations, training & consultation, drug court program

**Eligibility / Fee:** Sliding scale, costs vary by program.

**Languages spoken:** Spanish/English.

**Area served:** All of Santa Cruz County.

**AMERICAN RED CROSS, Santa Cruz Chapter**

2960 Soquel Avenue  
Santa Cruz, CA 95062  
462-2881, fax: 462-5996  
Website: [www.sccredcross.org](http://www.sccredcross.org)

**Hours of service:** M-F 8:30 am - 4:30 pm, 24-hour hotline

**Services:** Adult, child and infant CPR, pediatric first aid and child care health and safety classes, disaster preparedness information, emergency shelter, transportation for children & seniors needing out-of-county services.

**Eligibility / Fee:** Vary, some scholarships available.

**Languages spoken:** English/ Spanish.

**Area served:** All of Santa Cruz County.

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**BIRTH NETWORK**

PO Box 3629  
Santa Cruz, CA 95063-3629  
425-3373  
Website: [www.birthnet.org](http://www.birthnet.org)

**Hours of service:** 24-hour message phone with upcoming events - response to call ASAP, usually within 24 hours.

**Services:** Information and resources on Mother-Friendly childbirth services for pre- and post-natal care, hospital, home birth, and other practitioners in Santa Cruz county. Pregnancy information night - 4th Monday of Jan., April, July & Oct. Free. Call for more information.

**Eligibility / Fee:** None, optional membership.

**Language spoken:** English, some Spanish materials available.

**Area served:** All of Santa Cruz County.

**CABRILLO COLLEGE DENTAL HYGIENE CLINIC**

6500 Soquel Drive, Bldg. 600  
Aptos, CA 95003  
479-6431, fax: 477-5687  
Email: [cabrillodental@cabrillo.edu](mailto:cabrillodental@cabrillo.edu)  
Website: [www.cabrillo.edu/academics/dentalhygiene](http://www.cabrillo.edu/academics/dentalhygiene)

**Hours of Service:** September to June, Call for more information.

**Services:** Provides teeth cleaning, dental x-rays, and preventive dental support for adults and children and referral.

**Eligibility / Fee:** All are welcome/ \$35 for adult teeth cleaning; call for other fees.

**Languages spoken:** Spanish and English.

**Area served:** All of Santa Cruz County.

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**CALIFORNIA CHILDREN SERVICES (CCS)**

**Santa Cruz County Health Services Agency**  
12 West Beach Street PO Box 962  
Watsonville, CA 95076 Santa Cruz, CA 95061  
763-8900, 454-2540, fax: 763-8910  
Website: [www.santacruzhealth.org/phealth/cms/3cms.htm](http://www.santacruzhealth.org/phealth/cms/3cms.htm)

**Hours of service:** M-F 8 am to 5 pm, closed 12pm-1pm

**Services:** Provides for specialized medical care, occupational therapy & physical therapy, and medical case management for children who meet criteria; may cover amniocentesis if fetus at risk.

**Eligibility / Fee:** CCS eligible condition, birth through 20 years old, California resident. Possible fee if over 200% of poverty.

**Languages spoken:** English/Spanish/Tagalog

**Areas served:** All of Santa Cruz County.

**CALIFORNIA RURAL LEGAL ASSISTANCE**

(formerly *Legal Aid of the Central Coast*)

21 Carr Street  
Watsonville, CA 95076  
724-2253, fax: 724-7530  
Website: [www.crla.org](http://www.crla.org)

501 Soquel Ave., Suite D  
Santa Cruz, CA 95062  
458-1089, fax: 458-1140

**Hours of service:** M-F 8:30am to 12pm & 1pm to 5pm

**Services:** Assistance in civil & housing law, obtaining public benefits, bankruptcy referral, education & other legal matters.

**Eligibility / Fee:** County resident, under age 55 years, very low income, no fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**CALIFORNIA SUDDEN INFANT DEATH SYNDROME PROGRAM**

11344 Coloma Road, Suite 560  
Gold River, CA 95670  
(916) 851-7437 / (800) 837-1818 fax: (916) 851-5937  
Email: [info@california.com](mailto:info@california.com) Website: [www.californiasids.com](http://www.californiasids.com)

**Hours of service:** M-F 8-5 pm, 24-hour crisis line.

**Services:** SIDS education, resource & referral information, technical assistance/consultation including risk-reduction, professional & facilitator/peer training, and support for families and others who have experienced a SIDS death.

**Eligibility / Fee:** None.

**Languages spoken:** English, Some materials available in 14 languages.

**Area served:** Statewide.

**CTIS PREGNANCY RISK INFORMATION**

(formerly *CALIFORNIA TERATOGEN INFORMATION SERVICE & CLINICAL RESEARCH PROGRAM*)

University of California, San Diego Medical Center  
Dept. of Pediatrics #8446  
200 West Arbor Drive  
San Diego, CA 92103-8446  
1-800-532-3749 website: [www.ctispregnancy.org](http://www.ctispregnancy.org)

**Hours of service:** M-F 9am-5pm

**Services:** Provides information on the effects of drugs and medications on fetal development. Free pediatric exam offered to pregnant women who agree to participate in our follow-up program.

**Eligibility / Fee:** None.

**Languages spoken:** English, Spanish, Tagalog, Chinese (Mandarin).

**Area served:** Statewide.

**CAL-LEARN PROGRAM**

**Santa Cruz County Human Services Department**

18-L West Lake Avenue  
Watsonville, CA 95076  
763-8811, fax: 763-4693  
Santa Cruz: 454-4400  
Website: [www.cdss.ca.gov/cdssweb/PG84.htm](http://www.cdss.ca.gov/cdssweb/PG84.htm)

**Hours of service:** M-F 8 am-5 pm

**Services:** Case management to pregnant and parenting teens on Cal-Works so that they can complete high school / GED; child care, transportation & ancillary support, monetary incentives, nurse support services.

**Eligibility / Fee:** Enrollment in Cal-Works, no fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

## **CAL-WORKS**

### **Santa Cruz County Human Services Department**

1020 Emeline Avenue                      119 West Beach Street  
Santa Cruz, CA 95060                      Watsonville, CA 95076  
454-4010, fax: 454-4092                      763-8512, fax: 763-8530  
Website: [www.cdss.ca.gov/cdssweb/PG85.htm](http://www.cdss.ca.gov/cdssweb/PG85.htm)

**Hours of service:** M - F 8 am-5 pm

**Services:** Expedited Medi-Cal for prenatal care services, food stamps, financial assistance (formerly AFDC).

**Eligibility / Fee:** Residence, family & income criteria, no fee. Assessment Needed

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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## **CATHOLIC CHARITIES OF MONTEREY**

204 E.Beach Street  
Watsonville, CA 95076  
Website: [www.dioceseofmonterey.org/ministries](http://www.dioceseofmonterey.org/ministries)

**Hours:** Call for Information

Counseling services by appointment only

Counseling phone: 722 -2791

Immigration and Citizenship: 722-2675

**Services:** Family and individual counseling, assistance with immigration process, assistance and referrals for rent, food, clothing, transportation needs, utility shutoff and lodging.

**Eligibility / Fee:** sliding scale, some services are FREE, and ability to pay.

**Languages spoken:** English and Spanish.

**Areas served:** Santa Cruz, Monterey, San Benito, and San Luis Obispo counties.

## **CHILD DEVELOPMENT RESOURCE CENTER (CDRC) / CHILD CARE SWITCHBOARD**

400 Encinal Street                      521 Main St., Suite Y  
Santa Cruz, CA 95060                      Watsonville, CA 95076  
466-5820, fax: 466-5846                      724-2997 ext.210

Website [www.cdrc4info.org](http://www.cdrc4info.org)

**Hours of service:** CDRC: M-F 8-5 pm  
CC Switchboard: M-F 8-5 pm

**Services:** Childcare referrals and information, including payment assistance programs; licensing and program planning information, professional & parent trainings, workshops, conferences and resources; advocacy.

**Eligibility / Fee:** None.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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## **CHILD HEALTH AND DISABILITY PREVENTION (CHDP)**

### **Santa Cruz County Health Services Agency**

12 West Beach Street,                      P O Box 962  
Watsonville, CA 95076                      Santa Cruz, CA 95061  
763-8900, fax:763-8824                      454-2540  
Website [www.santacruzhealth.org/phealth/cms/3cms.htm](http://www.santacruzhealth.org/phealth/cms/3cms.htm)

**Hours of service:** M-F 8 am to 5 pm

**Services:** Referrals to free periodic well child exams and limited follow-up treatment for children and youth of low-moderate income families; child health and resource information to families.

**Eligibility / Fee:** Medi-Cal, income at 200% of poverty or below, or enrolled in Head Start program. No fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**CHILD WELFARE SERVICES****Santa Cruz County Human Services Department**

1400 Emeline Ave                      12 West Beach Street  
 Santa Cruz, CA 95060                Watsonville, CA 95076  
 454-4222, fax: 454-4717              763-8850

**CPS report line:** 454-4273Website: [www.hsd.co.santa-cruz.ca.us](http://www.hsd.co.santa-cruz.ca.us)**Hours of service:** M-F 8 am-5 pm; 24 hr. on-call response.**Services:** Investigation of reports of suspected child abuse and neglect, child risk assessment and family services; foster care and public agency adoption services.**Eligibility / Fee:** None.**Languages spoken:** English and Spanish.**Area served:** All of Santa Cruz County.**CHILDHOOD LEAD POISONING PREVENTION PROGRAM****Santa Cruz County Health Services Agency**

1430 Freedom Blvd, Suite 101 Rm 6  
 Watsonville, CA 95076  
 763-8206, fax: 763-8201

Website: [www.santacruzhealth.org/phealth/cms/3cms.htm](http://www.santacruzhealth.org/phealth/cms/3cms.htm)**Hours of service:** M-F 8am – 4pm.**Services:** Prevention education and outreach, blood lead testing information and referral, case management of children with high lead levels, consumer information.**Eligibility / Fee:** None.**Languages spoken:** English and Spanish.**Area served:** All of Santa Cruz County.**CHILDREN'S MENTAL HEALTH SERVICES****Santa Cruz County Health Services Agency**

1400 Emeline Ave, Bldg K            12 West Beach Street  
 Santa Cruz, CA 95060                Watsonville, CA 95076  
 454-4900, fax: 454-4920              763-8990

Access # for referrals: 1-800-952-2335

Website: [www.santacruzhealth.org/cmhs/2children.htm](http://www.santacruzhealth.org/cmhs/2children.htm)**Hours of service:** M-F 8 am -5 pm; 24 hr. on-call response**Services:** Mental health assessments; treatment for Severely Emotionally Disturbed (SED) children, adolescents & families.**Eligibility / Fee:** Medi-Cal, insurance and sliding fee scale accepted.**Languages spoken:** English and Spanish.**Area served:** All of Santa Cruz County.**CHOICE MEDICAL GROUP**

(800) 338-1361

Salinas or San Jose locations

Website: [www.choicemedicalgroup.com](http://www.choicemedicalgroup.com)**Hours of service:** Call corporate office at (800) number.

Drop-in service for pregnancy testing.

Call Center: M-F 8am-6pm &amp; Sat. 9am-4pm

**Services:** Pregnancy testing and counseling, abortions to 24 weeks.**Eligibility / Fee:** Medi-Cal up to 20 weeks, insurance, private pay, cash discount.**Languages spoken:** Spanish and English/Vietnamese.**Area served:** North Bay

## **CHRONIC DISEASE AND INJURY PREVENTION PROGRAMS**

### **Santa Cruz County Health Services Agency**

1070 Emeline Avenue, Bldg. F

P. O. Box 962

Santa Cruz, CA 95061

454-4141, fax: 454-5048

Website: [www.santacruzhealth.org/phealth/2education.htm](http://www.santacruzhealth.org/phealth/2education.htm)

**Hours of service:** M-F 8 am - 5 pm

**Services:** Prevention programs include tobacco education, information and referrals, school-based “Happy Tooth” dental education and fluoride program, nutrition, bicycle and pedestrian safety, child passenger safety; SEATS for KIDS programs.

**Eligibility / Fee:** None.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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### **CLEAN & SOBER HOMES OF SANTA CRUZ**

2845 Soquel Ave

Santa Cruz, CA 95062

Ph: 438-3435, fax: 479-9023

**Hours of service:** office: Mon-Sun 8am to 11am

**Services:** Referral resource for counseling, rehabilitation & recovery related services, housing for low-income individuals in a structured, drug-free living environment.

**Eligibility / Fee:** \$500/month, government income or assistance

**Languages spoken:** English.

**Area served:** Santa Cruz county & outlying areas.

## **COCAINE ANONYMOUS**

475-1727

Website: [www.ca.org](http://www.ca.org)

**Hours of service:** Call for schedule.

**Services:** 12-step groups/meetings for those who want to stop using cocaine and all other mood altering substances, including alcohol and marijuana; peer support.

**Eligibility / Fee:** None, contributions welcome.

**Languages spoken:** English.

**Area served:** All of Santa Cruz County.

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## **COMMISSION FOR THE PREVENTION OF VIOLENCE AGAINST WOMEN, CITY OF SANTA CRUZ**

323 Church Street

Ph: 420-5363, fax: 420-5361

Santa Cruz, CA 95060

Email: [cpvaw@ci.santa-cruz.ca.us](mailto:cpvaw@ci.santa-cruz.ca.us)

Website: [www.ci.santa-cruz.ca.us/cm/cpvaw/cpvaw.html](http://www.ci.santa-cruz.ca.us/cm/cpvaw/cpvaw.html)

**Hours of service:** MW 1-5pm, Tues 8-5pm, and Fri. by Appointment

**Services:** Resources and referral for any issues dealing with violence against women including domestic violence, sexual assault, sexual harassment, stalking. Free self-defense program, grant program, and violence prevention programs for youth. Place to air concerns about police response to women and children - meets first Wednesday of every month at 6:45 pm at Santa Cruz City Council Chambers.

**Eligibility / Fee:** None. Small fee for self-defense classes for non-city residents. Low cost for women and girls.

**Languages spoken:** English

**Area served:** Primarily city of Santa Cruz, but all county residents are welcome.

**COMMUNITY ACTION BOARD (CAB)**

501-E Soquel Avenue  
 Santa Cruz, CA 95062  
 457-1741 fax:457-0617

**Shelter Hotline:** 457-0511 or 728-4634 (Watsonville)

Email: hn0005@hands.net;

Website: [www.cabinc.org](http://www.cabinc.org)

**Hours of service:** M-F 9am-5pm

**Services:** Programs offered through CAB include: Shelter Project, Energy Services, Women's Ventures Program, Santa Cruz County Immigration Project, Davenport Resource Services Center, Natural Resources & Employment, Coalition for a Living Wage and Youth Community Restoration Project.

**Eligibility / Fee:** Call for information, no fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**CRADLE PROJECT**

**(Conflict Resolution & Diversity Life Skills Education Project)**

**A program of the Conflict Resolution Center of Santa Cruz County**

P.O. Box 187

Soquel, CA 95073

475-6117

Email: info@crsantacruz.org

Website : [www.crcsantacruz.org](http://www.crcsantacruz.org)

**Hours of service:** M-F 9am-5pm or leave phone message.

**Services:** Works with parents & caregivers to help guide children to learn to deal with conflict and diversity creatively and constructively: workshops, on-going support & play groups.

**Eligibility / Fee:** Sliding scale.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**DAVENPORT RESOURCE SERVICES CENTER**

**Community Action Board**

100 Church Street

P.O. Box 97

Davenport, CA 95017

425-8115, fax: 425-8156

Website [www.cabinc.org](http://www.cabinc.org)

**Hours of service:** M-F 9am – 5pm

**Services:** Food & commodities distribution, information and referral, transportation, clothing, periodic immunization clinics, art & recreation classes for children, senior programs.

**Eligibility / Fee:** None.

**Languages spoken:** English and Spanish.

**Area served:** Davenport, north coast area.

**DEFENSA DE MUJERES/WOMEN'S CRISIS SUPPORT**

233 East Lake Ave

Watsonville, CA 95076

722-4532 fax: 722-4990

**24-hour crisis line:** 685-3737

Email: postmaster@wcs-ddm.org

Website: [www.wcs-ddm.org](http://www.wcs-ddm.org)

**Hours:** Watsonville: M-F 9 am - 5 pm

Santa Cruz: M-F 9am - 5pm

1537 Pacific Ave, Suite 300

Santa Cruz, CA 95060

425-4030 fax:426-6690

**24-hour crisis line:** 685-3737

**Services:** Emergency shelter, crisis counseling, Emergency response to domestic violence & sexual assault survivors; advocacy; support groups; legal assistance; presentations & training; children's services; family workshops; neighborhood outreach; community organizing; and self-defense classes.

**Eligibility / Fee:** Sliding scale to free, depending on ability to pay.

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

**DIENTES! COMMUNITY DENTAL CLINIC**

1830 Commercial Way  
Santa Cruz, CA 95065  
464-5409

Website: [www.dientes.org](http://www.dientes.org)

**Hours:** M-Th 8:30-5:00pm, Fri. 7:30-4:00pm, & Sat. 8:30-2pm

**Services:** Comprehensive dental services for low-income people. Professional dentists and hygienists on staff to perform routine, preventive, and emergency dental treatment.

**Eligibility / Fee:** Medi-Cal, Healthy Families, reduced fee private pay, other insurance.

**Language:** English & Spanish.

**Area served:** All of Santa Cruz County.

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**DOMINICAN HOSPITAL HOME HEALTH**

**Dominican Hospital CHW**

1555 Soquel Drive  
Santa Cruz, CA 95066  
457-7171, fax: 465-7996

Website: [www.dominicanhospital.org/Medical\\_Services](http://www.dominicanhospital.org/Medical_Services)

**Hours of service:** 8-5 pm

**Services:** Nurse home visits for postpartum mothers and their babies - health checks, breastfeeding support, referrals, etc.

**Eligibility / Fee:** Medi-Cal, insurance, private pay

**Languages spoken:** Spanish and English

**Area served:** All of Santa Cruz County.

**DOMINICAN HOSPITAL LACTATION CENTER**

**Dominican Hospital CHW**

1555 Soquel Drive  
Santa Cruz, CA 95065  
462-7862, fax: 462-7820

Website: [www.dominicanhospital.org/Medical\\_Services](http://www.dominicanhospital.org/Medical_Services)

**Hours of service:** M - F 9 am – 3 pm or by appointment.

**Services:** Lactation consultations and breastfeeding supplies, including breast pumps, nursing breast, premie clothes and other products. Breast pumps and scales available for rental. Lending library. Free, drop-in support group.

**Eligibility / Fee:** Variable, services may be covered by some insurance, including Central California Alliance for Health and Medi-Cal. Support group is free.

**Languages spoken:** English and Spanish, AT&T Language Line Service.

**Area served:** All of Santa Cruz County.

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**DOMINICAN HOSPITAL CHW**

1555 Soquel Drive  
Santa Cruz, CA 95065  
462-7745

**CPSP / Prenatal Services Clinic:**

610 Frederick Avenue  
Santa Cruz, CA 95062  
457-7103 fax: 457-7195

Website: [www.dominicanhospital.org](http://www.dominicanhospital.org)

**Hours of service:** CPSP: M-F 8:30 am - 4:30 pm

Birth Center: 24 hours daily

**Services:** CPSP: Comprehensive pre-postnatal care services, including *Sweet Success* program for gestational diabetes. Childbirth preparation, health & safety classes, labor & delivery, postpartum home visits, family planning, pediatric clinic.

**Eligibility / Fee:** CPSP: Medi-Cal only; Birth Center: Medi-Cal, insurance, private pay.

**Languages spoken:** Spanish and English.

**Area served:** All of Santa Cruz County.

**FAMILIA CENTER**

711 East Cliff Drive  
 Santa Cruz, CA 95060  
 423-5747, fax: 423-5922  
 Website: [www.familiacenter.org](http://www.familiacenter.org)

**Hours of service:** M-F 9am to 5pm

**Services:** Information, referral & follow-up to community services, interpretation & assistance in completing medical & employment forms, citizenship applications, etc. ESL classes, parent education workshops, after-school programs.

**Eligibility / Fee:** None.

**Languages spoken:** English and Spanish.

**Area served:** Primarily north Santa Cruz County.

**FAMILIES IN TRANSITION**

210 High Street, Rm. 105	15 E. Beach , Ste 201
Santa Cruz, CA 95060	Watsonville, CA 95076
458-7124, fax: 458-7113	728-9791, fax: 728-9793
Website: <a href="http://www.fitsantacruz.org">www.fitsantacruz.org</a>	

**Hours:** M-F 9 am - 5 pm

**Services:** Housing & rental assistance, employment, training & education plan, counseling, childcare, parenting education, budgeting and other social services for homeless families.

**Eligibility / Fee:** Homeless families or families at risk of becoming homeless, referred by agency/program. No fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**FAMILY HEALTH UNIT**

**Santa Cruz County Health Services Agency**  
 1060 Emeline Avenue, Bldg. F  
 Santa Cruz, CA 95060  
 454-4339, fax: 454-5049  
**Health Information Nurse Line:** 454-4339  
 Website: [www.santacruzhealth.org/phealth/2family.htm](http://www.santacruzhealth.org/phealth/2family.htm)

**Hours of service:** M - F 8 to 5 pm.

**Services:** Case management, home visits, education & support for high risk pregnancy and drug-exposed/medically high risk infants and teen parents, health information and referrals to community resources, child passenger safety education and outreach program, Comprehensive Perinatal Services Program.

**Eligibility / Fee:** Call for eligibility requirements, no fee.

**Language spoken:** English & Spanish.

**Area served:** All of Santa Cruz County.

**FAMILY LOAN PROGRAM of Santa Cruz County**

210 High Street, Room 105  
 Santa Cruz, CA 95060  
 458-7168, fax: 458-7113  
 Email: [melisavierra@hotmail.com](mailto:melisavierra@hotmail.com)  
 Website: <http://flpsantacruz.org>

**Hours of service:** Call for details

**Services:** Provides loans to families for essential needs including: job-related expenses, transportation/auto expenses, appliances, housing assistance or continuing their education. Budget counseling also provided.

**Eligibility/Fee:** No fees.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

## **FAMILY PLANNING CLINICS**

### **Santa Cruz County Health Services Agency**

1080 Emeline Avenue                      9 Crestview Drive  
Santa Cruz, CA 95060                      Watsonville, CA 95076  
454-4030                                      763-8010; fax: 763-8237  
Website: [www.santacruzhealth.org/phealth/2family.htm](http://www.santacruzhealth.org/phealth/2family.htm)

**Hours of service:** Must call for appointment.  
Santa Cruz: W 8 am - 4:30 pm, W 1 to 4:30 pm  
Watsonville: M, W, F

**Services:** Pregnancy testing & counseling, contraceptive services, gyn exams, sexually transmitted infections testing & treatment, sterilization counseling and referral.

**Eligibility / Fee:** Medi-Cal, F-PAC card.

**Languages spoken:** Spanish and English.

**Area served:** All of Santa Cruz County.

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## **FAMILY SERVICE AGENCY OF THE CENTRAL COAST**

104 Walnut Avenue, Suite 208                      11-D Alexandr St.  
Santa Cruz, CA 95060                              Watsonville, CA 95076  
Ph: 423-9444, fax: 423-1532                      Ph: 718-9970, Fax: 728-9971  
**Crisis Line:** 458-5300 or toll free - 1 (877) 633-5433  
Website: [www.fsa-cc.org](http://www.fsa-cc.org)

**Hours of service:** M-Th 9 - 4:30 p.m. & Fri 9-12:30pm , no walk-in.

**Services:** Counseling services for parents, adults and children including an evaluation and treatment program for children under six years old and their families.

**Eligibility / Fee:** Sliding scale, Medi-Cal Mental Health Plan by County referral only, Healthy Kids. 1 (800) 952-2335.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

## **FAMILY SERVICE ASSOCIATION OF PAJARO VALLEY**

233 East Lake Avenue  
Watsonville CA 95076  
724-7123

**Hours of service:** 9 - 6 pm with evening hours available.

**Services:** Provides family and individual counseling for all ages; classes, groups, and consultations.

**Eligibility / Fee:** Sliding scale, Medi-Cal through County referral only.

**Languages spoken:** Spanish and English.

**Area served:** All of Santa Cruz County.

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## **FENIX SERVICES**

10 Alexander  
Watsonville, CA 95076  
722-5914, fax: 722-8311  
Website: [www.sccccc.org/community-recovery-services/fenix](http://www.sccccc.org/community-recovery-services/fenix)

**Hours of service:** M - F 8 am to 5 pm

**Services:** Outpatient counseling & parenting services to pregnant substance abusing women and parenting injection drug users, domestic violence counseling, prevention and intervention.

**Eligibility / Fee:** Sliding scale.

**Languages spoken:** Spanish and English.

**Area served:** Santa Cruz County

## **FOOD STAMPS**

### **Cal-WORKS, Santa Cruz County Human Services Department**

1020 Emeline Ave, Bldg B      119 W. Beach Street  
Santa Cruz, CA 95060      Watsonville, CA 95076  
454-4131, fax: 454-4866      763-8583, fax: 763-8530  
Website: [www.hsd.co.santa-cruz.ca.us](http://www.hsd.co.santa-cruz.ca.us)

**Hours of service:** M - F 8 am - 5 pm

**Services:** Food stamps (vouchers) for purchase of selected food items provided to low-income families.

**Eligibility / Fee:** Residence, family & income criteria, no fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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## **GEMMA caring for women in transition**

P.O. Box 4443  
Santa Cruz, CA 95061  
227-5725  
email: [gemma@cruzio.com](mailto:gemma@cruzio.com)  
Website: [www.gemmasantacruz.org](http://www.gemmasantacruz.org)

**Services:** GEMMA's Day Program is a 9-week series of diverse life skills classes, preparing women in jail for their reentry. Classes take place approximately 12 hours per week at a learning location outside of the jail.. The Residential Program Residents are women who have graduated from the Gemma Day Program and who would otherwise be homeless after jail.

**Eligibility / Fee:** Currently only women at the Blaine Street minimum-security jail are eligible for participation in the Day Program.

**Languages spoken:** English and Spanish.

**Area served:** See eligibility.

## **HAND (Help After Neonatal Death), Santa Cruz Chapter**

Meetings held at Congregational Church of Soquel  
Ann Hutchinson Room      4951 Soquel Drive  
Soquel, CA 95073

Mailing address: 15 Kerry Court  
Scotts Valley, CA 95066  
438-4513

Website: [www.handsupport.org](http://www.handsupport.org)

**Hours of service:** General support meetings held third Wednesday of every month from 7:30-9:30pm. Also, Subsequent Pregnancy Support Meetings held 1st Wed of every month 7:30 pm-9:30 pm

**Services:** Peer support group meetings for parents, family members and friends of stillborn, miscarriage, genetic abortion and newborn deaths. Telephone support/counseling.

**Eligibility / Fee:** None.

**Languages spoken:** English. Phone support in Spanish can be arranged.

**Area served:** All of Santa Cruz County.

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## **HEAD START**

### **Santa Cruz Community Counseling Center**

408 East Lake Avenue  
Watsonville, CA 95076  
724-3885 or toll free 688-3802

Website: [www.scccc.org/child-and-family-development](http://www.scccc.org/child-and-family-development)

**Hours of service:** M-F 8 am - 5 pm

**Services:** Child development program serving low-income families with children 0-5 yrs. Center-based services and home visiting options. Comprehensive family support services, prenatal support services through the Early Head Start program.

**Eligibility / Fee:** Call for eligibility requirements; children with special needs and foster children given special consideration for enrollment; no fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**HEALTH CARE ACCESS LINE**

Santa Cruz: 454-2515      Watsonville: 763-8568  
 Website: [www.santacruzhealth.org/admnstr/2benefits.htm](http://www.santacruzhealth.org/admnstr/2benefits.htm)

**Hours of service:** M-F 8 am - 5 pm

**Services:** Assistance and referrals to low cost health coverage programs for children and teens that pay for medical, dental, vision, mental health and alcohol & substance abuse services, via Medi-Cal, Healthy Families and Healthy Kids.

**Eligibility / Fee:** Varies according to coverage program.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**HEALTHY START CENTERS****Pajaro Valley Unified School District**

440-A Arthur Road  
 Watsonville, CA 95076  
 761-6125 fax: 761-6130  
 Website [www.pvUSD.net/departments/Student-Services/Healthy-Start](http://www.pvUSD.net/departments/Student-Services/Healthy-Start)

**Hours of service:** M-F 8 am-4:30 pm

**Services:** CHDP health exams; preventive and restorative dental services; immunizations; health insurance enrollment; information and referral; car seat program (Pajaro Resource Center only) Students in Transition.

**Eligibility / Fee:** Services vary at each site; call for information.

**Languages spoken:** English and Spanish.

**Area served:** South county, PVUSD area

**HERMANAS RECOVERY PROGRAM**

640 Rodriquez  
 Watsonville, CA 95076  
 722-2471, fax: 768-9253

Website: <http://www.sccccc.org/community-recovery-services>

**Hours of service:** Office: M-F 8am - 5pm  
 Staff on duty 24 hours a day

**Services:** A bilingual/bicultural home-like alcohol-free environment which assists women to alcohol and drug recovery through community support, peer interaction and organized activities.

**Eligibility / Fee:** sliding scale; call for more information. Will not turn anyone away due to lack of ability to pay.

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

**HOMELESS PERSONS HEALTH PROJECT (HPPH)****Santa Cruz County Health Services Agency**

115 A. Coral Street  
 Santa Cruz, CA 95060  
 454-2080, fax: 454-3424      (866) 731-4747  
 Website: [www.santacruzhealth.org/phealth/2homeless.htm](http://www.santacruzhealth.org/phealth/2homeless.htm)

**Hours of office:** MW. 8-12, 1-5pm; TTh 1-5pm; Fri. 8-12, 1-3pm

**Services:** Community & street-based outreach -primary health assessments & hands-on care by nurses, short-term medical coverage, referrals and linkage to other services, including mental & medical health care and substance abuse treatment; basic health care clinic hours by nurse appointment.

**Eligibility / Fee:** Homeless / None

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

**IMMIGRATION PROJECT of Santa Cruz County (SCCIP)**

**Community Action Board**

406 Main Street, Room 217

Watsonville, CA 95076

724-5667, fax: 724-3447

Email: sccip@cruzers.com

Website <http://www.cabinc.org>

**Hours of service:** M-F 9:30am to 12 noon & 1pm to 4pm

**Services:** Full range of immigration services and advocacy for low income persons including citizenship applications and preparation, family petitions, green card and work permit renewals, and other INS-required forms.

**Eligibility / Fee:** No fee, donation welcome

**Languages spoken:** Spanish and English

**Area served:** All of Santa Cruz County

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**IMMUNIZATION CLINICS**

**Santa Cruz County Health Services Agency**

1080 Emeline Avenue

9 Crestview Avenue

Santa Cruz, CA 95060

Watsonville, CA 95076

454-4100

763-8400

Website: [www.santacruzhealth.org/phealth/cd/3immunize.htm](http://www.santacruzhealth.org/phealth/cd/3immunize.htm)

**Hours of service:** M-F 8-11:30 am, 1-4:30 pm

**Services:** Vaccinations for children and adults, information about immunizations including vaccine safety.

**Eligibility / Fee:** Medi-Cal, minimal fee per child or family

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**INTERFAITH SATELLITE SHELTER PROGRAM**

**Homeless Community Resource Center**

115 Coral Street

Santa Cruz, CA 95060

Website: <http://scshelter.org>

**Hours of service:** Santa Cruz pick-up site: 3:30pm

**Services:** Overnight shelter, showers, evening & morning meals, referrals to other needed services, including job search, mail services, clothing, laundry services, telephone for local calls, case management.

**Eligibility / Fee:** Must be drug/alcohol-free, no fee

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

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**JANUS at Watsonville Community Hospital**

75 Nielson Road

Watsonville, CA 95076

763-1989

**Hours of service:** 6 pm - 9 pm

**Services:** Intensive outpatient program for alcohol and drug addiction.

**Eligibility / Fee:** Third party insurance, private pay, sliding scale.

**Language spoken:** English.

**Area served:** Santa Cruz, Monterey & San Benito counties.

**JANUS (of Santa Cruz)**

200 Seventh Avenue, Suite 150  
Santa Cruz, CA 95062  
Ph: 462-1060, Fax: 462-4970  
Website: <http://www.januscc.org>

**Hours of Service:** M-F 9am-5pm

**Services:** Assessment, detoxification, residential treatment, outpatient, day treatment, family program, relapse prevention, aftercare, perinatal program, transitional housing, neurotherapy, DUI classes.

**Eligibility / Fee:** Third party insurance, private pay, sliding scale.

**Language spoken:** English.

**Area served:** Santa Cruz, Monterey & San Benito counties.

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**JANUS COMMUNITY CLINIC**

1000-A Emeline Avenue  
Santa Cruz, CA 95060  
425-0112

**Hours of Service:** Dosing hours: M-F 6:00-10:00 am and  
Sat.& Sun 7am – 9 am, holidays 8:00-9:00 am  
Office: M-F 6:30 am-12 noon, 1-2 pm

**Services:** Methadone treatment, detox and maintenance services.

**Eligibility / Fee:** Detox: \$300 for a 21-day program cash; Maintenance:  
\$335/month with; with a one time \$200 administration fee. Medi-Cal  
accepted for maintenance only.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**JANUS PERINATAL (Formerly MONDANARO-BASKIN  
CENTER FOR WOMEN AND CHILDREN)**

516 Chestnut Avenue  
Santa Cruz, CA 95060  
423-9015, fax: 423-9098

**Hours of service:** Office: M-F 8 am - 4:30 pm.

Outpatient: M-F 8:30 am -11:45 am

**Services:** 24-hour residential alcohol/drug treatment program for  
pregnant & parenting women and their children through age three. Eight  
beds for low-income women, six-month commitment. Outpatient  
services for pregnant and parenting women 18 year old and older.

**Eligibility / Fee:** Sliding scale fee, Medi-Cal pregnant & post-partum  
only.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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**JESUS, MARY & JOSEPH HOME**

132 Lennox Street  
Santa Cruz, CA 95060  
459-8046  
Website: [www.stfrancissoupkitchen.org](http://www.stfrancissoupkitchen.org)

**Hours of service:** M-F 8:30am – 5pm

**Services:** 30-day live-in shelter for single women and single moms with  
children, including meals. Referrals to other services.

**Eligibility / Fee:** Must be drug/alcohol-free. Depends by case.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**LA LECHE LEAGUE of Santa Cruz County**

247 Surfside Ave.  
Santa Cruz, CA 95060  
425-3088

Website: [www.llnocal.org/groups/SantaCruzCA.html](http://www.llnocal.org/groups/SantaCruzCA.html)

**Hours of service:** 24 hours a day by phone and monthly meetings (call for times and locations)

**Services:** Breastfeeding education, information and support through phone contact, monthly meetings, and lending library; topics include breastfeeding, pregnancy, birth, and parenting.

**Eligibility / Fee:** None, optional membership

**Language spoken:** English, written materials in Spanish

**Area served:** All of Santa Cruz County

**LAWYER REFERRAL SERVICE OF SANTA CRUZ COUNTY**

425-4755

**Hours:** Mon-Fri, 8:30 to 4:30

**Services:** Provides legal services at a reasonable fee. For \$40, an appointment can be arranged for clients to meet with a lawyer appropriate for needs. The meeting is for up to 1/2 hour of legal advice.

**Languages Spoken:** Staff only speaks English, so an interpreter is needed for the initial call, but staff is able to book many appointments with attorneys who either speaks Spanish or who have Spanish-speaking staff.

**Area Served:** All of Santa Cruz County

**LA MANZANA COMMUNITY RESOURCE CENTER**

521-Y Main Street  
Watsonville, CA 95076  
724-2997, fax: 724-2915

18-E West Lake Avenue  
Watsonville, CA 95076  
763-3107, fax:763-4673

Website: [www.communitybridges.org/lamanzana.html](http://www.communitybridges.org/lamanzana.html)

**Hours of services:** M-F 9 - 5 pm.

**Services:** Comprehensive information and referral, health and nutrition education and support, parent classes and support, home visiting, education and economic self-reliance workshops and support, bi-lingual literacy center, child passenger safety program, health insurance access, citizenship assistance, advocacy, community activities, family leadership development.

**Eligibility / Fee:** No fee, donations welcome.

**Languages spoken:** English and Spanish.

**Area served:** Primarily south Santa Cruz county and Pajaro

**LIVE OAK FAMILY RESOURCE CENTER**

**A Program of Community Bridges**

1436 Capitola Road  
Santa Cruz, CA 95062  
476-7284, fax: 476-2769

Parent Education programs: 457-0334

Website: [www.communitybridges.org/liveoak.html](http://www.communitybridges.org/liveoak.html)

**Hours of services:** Tuesday – Friday 9 – 4 pm (closed 12-1pm) and the 2<sup>nd</sup> Saturday of the month 9 – 12pm

**Services:** Information and links to community services, health care enrollment assistance, 2<sup>nd</sup> Harvest food distribution site, health screenings, free onsite ESL, tutoring and teen programs, car seat program, family home visits and other assistance. Parent education programs include: childbirth education classes (group and private), parenting education and support groups, infant/toddler play groups.

**Eligibility / Fee:** Many no-cost, some sliding scale

**Languages spoken:** Spanish & English; many parenting programs conducted in Spanish.

**Area served:** The greater Live Oak Area, Santa Cruz, Capitola etc.

**MEDI-CAL****Santa Cruz County Human Services Department**

1020 Emeline Avenue                      119 Beach Street  
 Santa Cruz, CA 95060                      Watsonville, CA 95076  
 454-4131, fax: 454-4092                      763-8583, fax: 763-8530  
 Website [www.hsd.co.santa-cruz.ca.us](http://www.hsd.co.santa-cruz.ca.us)

**Hours of service:** M-F 8 am-5 pm**Services:** Expedited Medi-Cal health coverage for prenatal care services; Medi-Cal coverage for low-income children and families.**Eligibility / Fee:** Residence, family & income criteria, no fee or share of cost.**Languages spoken:** English & Spanish.**Area served:** All of Santa Cruz County.**MEDI-CRUZ****Santa Cruz County Health Services Agency**

1080 Emeline Avenue                      9 Crestview Drive  
 Santa Cruz, CA 95060                      Watsonville, CA 95076  
 454-4070, fax: 454-4896                      763-8033, fax: 763-8237  
 Website: [www.santacruzhealth.org](http://www.santacruzhealth.org)

**Hours of services:** Santa Cruz: M-F 8-11 am, 12:30-4:30 pm  
 Watsonville: M-F 8 am -11:30 am, 1 pm - 4:30 pm**Services:** Limited coverage of medical services for low income persons not eligible for Medi-Cal.**Eligibility / Fee:** Drop-in appointments. No fee or minimal share of cost.**Languages spoken:** English & Spanish.**Area served:** All of Santa Cruz County.**MENTAL HEALTH SERVICES****Santa Cruz County Health Services Agency**

Psychiatric Emergency Services  
 Dominican Hospital Behavioral Health Unit  
 1555 Soquel Drive  
 Santa Cruz, CA 95065

**24-hour crisis line:** 462-7644.**24-hour non-crisis line:** 1 (800) 952-2335.Website: [www.santacruzhealth.org/prop63/index.htm](http://www.santacruzhealth.org/prop63/index.htm)**Hours of service:** 24-hour for crisis services.**Services:** Crisis stabilization. Evaluation for psychiatric hospitalization, referral.**Eligibility / Fee:** Medi-Cal & insurance accepted or fee based on income and resources.**Languages spoken:** English and Spanish as available.**Area served:** All of Santa Cruz county, San Luis Obispo counties.**MIGRANT HEAD START****Pajaro Valley Unified School District**

294 Green Valley Road  
 Watsonville, CA 95076  
 728-6955, fax: 728-6998

**Hours of service:** M-F 6-6 pm**Services:** Child development program serving migrant farm worker families with children 6 weeks to 6 years old. Center-based and family day care home options. Family support, education and advocacy.\**Eligibility / Fee:** Call for eligibility requirements; children with disabilities given special consideration for enrollment; no fee.**Languages spoken:** English and Spanish.**Area served:** All of Santa Cruz County.

**MONDANARO-BASKIN CENTER FOR WOMEN AND CHILDREN (See Janus Perinatal)**

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**MOUNTAIN COMMUNITY RESOURCES**

6134 Hwy. 9  
Felton, CA 95018  
335-6600, fax: 335-8223  
Website: [www.mountaincommunityresources.org](http://www.mountaincommunityresources.org)

**Hours of service:** M-F 9 am - 5 pm.

**Services:** Social services include health care, WIC services, in-home visits for mothers of children 0-5 years, information & referral, Healthy Start family advocacy, dental care for children up to 14 years old, "Healthy Families" application assistance, weekly playgroup and parent support group, car seat program.

**Eligibility / Fee:** None.

**Languages spoken:** English/limited Spanish.

**Area served:** San Lorenzo Valley/Scotts Valley.

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**NARCOTICS ANONYMOUS**

**Information/Hotline:** 429-7436  
Monterey : (831) 624-2055  
San Jose: (831) 998-4200  
Website: [www.sjna.org](http://www.sjna.org)

**Hours of service:** 24-hour line.

**Services:** 12-step meetings conducted by and for community members who want to stop use of narcotics and other mood altering substances and stay clean; peer support

**Eligibility / Fee:** None.

**Languages spoken:** English & Spanish

**Area served:** All of Santa Cruz County.

**NEW LIFE COMMUNITY SERVICES**

707 Fair Avenue  
Santa Cruz, CA 95060  
427-1007, fax: 454-0545  
Website: [www.infopoint.com/sc/orgs/newlife](http://www.infopoint.com/sc/orgs/newlife)

**Hours of service:** M-Th 7:30am– 9:00pm

**Services:** Substance abuse treatment; emergency homeless shelter services; case-management & referral and family counseling.

**Eligibility / Fee:** Sliding scale to no fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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**NICOTINE ANONYMOUS**

Louden Nelson Community Center  
301 Center Street  
Santa Cruz, CA 95060  
420-6177

**Hours of service:** Monday meetings, 6:30 - 7:30 pm, M-Sat. 9am - 9:30pm

**Services:** 12-step groups/meetings for those who want to stop using tobacco and/or maintain tobacco-free lifestyle; peer support.

**Eligibility / Fee:** None, contributions welcome.

**Languages spoken:** English & Spanish (call to schedule appointment)

**Area served:** All of Santa Cruz County.

**NURSING MOTHERS COUNSEL**

P. O. Box 66634

Scotts Valley, CA 95066

621-8412

Website: [www.nursingmothers.org](http://www.nursingmothers.org)

**Hours of service:** 24-hour message & referral line.

**Services:** Over the phone breastfeeding support, information and consultation; home visits, breast pump rentals, peer counselor trainings, maternity hospital rounds, as volunteers available.

**Eligibility / Fee:** None.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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**PAJARO VALLEY SHELTER SERVICES**

115 Brennan Street

Watsonville, CA 95076

728-5649, fax: 722-6177

Website: <http://pvshelter.brinkster.net>

**Hours of service:** Office: M-F 9-12 noon & 1-5 pm

**Services:** Emergency shelter for homeless women and children, transitional housing for homeless families, childcare.

**Eligibility / Fee:** Shelter - none. Transitional housing – rent based on income. Child care – sliding scale.

**Language spoken:** English and Spanish

**Area served:** South Santa Cruz and north Monterey counties.

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**PARENTS CENTER**

530 Soquel Avenue

Santa Cruz, CA 95062

426-7322, fax: 426-2803

255 East Lake Avenue

Watsonville, CA 95076

724-2879

**Hours of service:** Office: M-Th 9am-5pm; F 9am-3pm  
Above phone numbers also serve as 24-hour hotlines.

**Services:** Counseling and educational services for families with children under 12 years, child abuse prevention and treatment services, parenting groups & classes.

**Eligibility / Fee:** Medi-Cal, sliding scale, insurance, some services free.

**Language:** English and Spanish/French.

**Area served:** All of Santa Cruz County.

**PEP - PERSONAL ENRICHMENT PROGRAM**

Dominican Santa Cruz Hospital  
1555 Soquel Drive, Education Center  
Santa Cruz, CA 95065  
462-7709, fax: 476-0241  
Website: [www.pmgsc.com/wellness.htm](http://www.pmgsc.com/wellness.htm)

**Hours of service:** M-F 8 am - 4:30 pm, call for class schedule.

**Services:** Childbirth preparation, exercise, health and safety classes.

**Eligibility / Fee:** Varies by class.

**Language spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**PERINATAL WARMLINE**

831-454-4808

**Hours:** Leave a message anytime. The call will be returned Monday – Friday during regular working hours.

**Services:** Information and referrals for pregnant women using any drugs that could harm her unborn child. Trained substance abuse counselors return all calls. Callers can remain anonymous.

**Eligibility/Fee:** Free

**Languages:** English and Spanish

**Area Served:** All of Santa Cruz County

**PIONEER HOUSE DUAL DIAGNOSIS DAY TREATMENT**

290 Pioneer Street  
Santa Cruz, CA 95060  
459-0444, fax: 459-0665  
Website: [www.scccc.org/community-support-services/pioneer-house](http://www.scccc.org/community-support-services/pioneer-house)  
**Hours of service:** M-F 9 am-5 pm

**Services:** Rehabilitation services, counseling & education classes for Individuals suffering from serious mental illness & chemical dependency.

**Eligibility / Fee:** None.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

**PLANNED PARENTHOOD**

<u>Westside Clinic</u>	<u>Watsonville La Mariposa Clinic</u>
1119 Pacific Ave, Ste. 200	40 Penny Lane
Santa Cruz, CA 95060	Watsonville, CA 95076
426-5550, fax: 425-0106	724-7525, fax: 724-7438
Website: <a href="http://www.plannedparenthood.org">http://www.plannedparenthood.org</a>	

**Hours of service:**

Call for hours.  
Some services also provided at sites in Ben Lomond and at Cabrillo College.

**Services:** Pregnancy testing & counseling, family planning/birth control, abortion & vasectomy services, pediatric care, general medical care.

**Eligibility / Fee:** Medi-Cal, insurance, sliding scale, Family Pact, Healthy Families.

**Languages spoken:** Spanish and English.

**Area served:** All of Santa Cruz County.

**PREGNANCY RESOURCE CENTER**

1570 Soquel Drive, Suite #4  
Santa Cruz, CA 95065  
475-2200, fax: 475-9261  
Website: [www.santacruzprc.org](http://www.santacruzprc.org)

**Hours of service:** M-Th 8am – 5pm  
Tues: Appt Available

**Services:** Pregnancy testing, counseling discourages abortion, support to continue pregnancy based on biblical principals, material assistance and referrals to other community services; post-abortive support groups.

**Eligibility / Fee:**

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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**PRIMEROS PASOS**

(Case Management and treatment opportunities for pregnant or parenting mothers and fathers where substance abuse is a significant concern)  
18 Alexander Street  
Watsonville, CA 95076  
Ph: 831-722-5914  
Fax: 831-722-8311

**Hours:** M-F, 8-5

**Services:** A cooperative and collaborative project staffed by a Public Health Nurse, Substance Abuse Counselor, Social Worker and Parent Mentor. With the help of community supportive services Primeros Pasos assists families with the following: crisis management, case management, support, information and referral, health screening and education, comprehensive substance abuse assessments, out-patient substance abuse treatment, residential substance abuse treatment.

**Eligibility/Fee:** Free, voluntary and confidential

**Language:** English and Spanish

**Area served:** Primarily Latina and residing in south Santa Cruz County

**REBELE FAMILY SHELTER****Homeless Community Resource Center**

115 Coral Street  
Santa Cruz, CA 95060  
458-6020 ext 1103  
Website: <http://scshelter.org>

**Hours of service:** 24 hours

**Services:** Family shelter up to six months, showers, three meals per day, referral for other needed services, including mail services, laundry services, case management, for adults counseling, health-care and job assistance support, and children attend area schools.

**Eligibility / Fee:** Must be drug/alcohol-free, no fee, refundable deposit

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

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**REGALO DE AMOR LACTATION CENTER**

Women, Infants & Children (WIC) Program  
18-A West Lake Avenue  
Watsonville CA 95076  
722-7121, fax 722-8532  
Website: <http://www.communitybridges.org/regalodeamor.dwt>

**Hours of service:** M-Th 8am to 5 pm & Fri. 8am to 12pm

**Services:** Prenatal & post-partum breastfeeding information and support to WIC clients or those who meet WIC eligibility guidelines.

**Eligibility / Fee:** None.

**Language:** Spanish and English.

**Area:** South Santa Cruz county / 95076 zip code area.

**RIVER STREET SHELTER**

733 River Street  
 Santa Cruz, CA 95060  
 459-6644, fax: 459-0813  
 Website: [www.sccccc.org/community-support-services/river-st-shelter](http://www.sccccc.org/community-support-services/river-st-shelter)

**Hours of service:** 7 days a week, 2:30 pm until 8 a.m. the next morning.

**Services:** Shelter, food (breakfast & dinner); washer/dryer; drug & alcohol education/counseling, 12-step meetings, case management services toward employment/housing; referral to County Mental Health.

**Eligibility / Fee:** Primarily for homeless with dual (drug & mental health) diagnosis, no fee.

**Language spoken:** English; Spanish - evening staff only.

**Area served:** All of Santa Cruz County.

**SALUD DENTAL CLINIC****Salud Para La Gente Health Clinic**

204 East Beach Street	Mailing Address:
Watsonville, CA 95076	P. O. Box 1750
763-3413, fax: 728-8257	Watsonville, CA 95077
Website: <a href="http://www.saludparalagente.org">http://www.saludparalagente.org</a>	

**Hours of service:** M - F 8:30 am - 6 pm

**Services:** Full scope dental services, including examinations, X-rays, emergency and restorative treatment, preventive care.

**Eligibility / Fee:** Medi-Cal, Healthy Kids, private insurance, sliding scale fee for private pay clients (Sometimes).

**Languages spoken:** English and Spanish.

**Area served:** Primarily south Santa Cruz county and Pajaro area.

**SALUD PARA LA GENTE HEALTH CLINIC**

204 East Beach Street	Mailing Address:
Watsonville, CA 95076	P. O. Box 1750
728-0222, fax: 724-2011	Watsonville, CA 95077
Website: <a href="http://www.saludparalagente.org">http://www.saludparalagente.org</a>	

**Hours of service:** M-F 9am to 7 pm  
 Sat. 8 am to 5 pm

**Services:** Comprehensive prenatal care services. Pregnancy testing & counseling, family planning, pediatric care, general medical care, Healthy Families/Medi-Cal application assistance, community outreach and education.

**Eligibility / Fee:** Medi-Cal, insurance, sliding scale, some no fee.

**Languages spoken:** Spanish and English.

**Area served:** South Santa Cruz and north Monterey counties.

**SALVATION ARMY**

721 Laurel Street  
 Santa Cruz, CA 95060  
 426-8365, fax: 426-4370 Spanish - 425-3775  
 Website: [www.salvationarmy.org](http://www.salvationarmy.org)

**Hours of service:** M-Th 9-11am & 1--4pm, and Fri 9-12pm

**Services:** Emergency food & clothing; PG&E assistance, emergency shelter, shower & dinner in south county only.

**Eligibility / Fee:** I.D. required. No fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz county & Pajaro area.

**SAN ANDREAS REGIONAL CENTER**

1110 Main Street, Suite 8  
 Watsonville, CA 95076  
 728-1781 and (toll free from Santa Cruz) 688-7633  
 Website: <http://www.sarc.org>

**Hours of Service:** M - F 8 am - 5 pm

**Services:** Serves people of all age groups with developmental disabilities. Diagnosis & evaluation, prevention, advocacy, community education and training, Individual Program Planning, Infant services, respite, parent education, skill training, adult programs, adaptive equipment, residential placement/supported living options.

**Eligibility / Fee:** Birth to 3 years old at risk for developmental delays; over 3 years old - a substantially handicapping disability, including mental retardation, cerebral palsy, epilepsy, autism. No fee for most services.

**Languages spoken:** Spanish and English.

**Area served:** Santa Cruz, San Benito, Monterey, Santa Clara counties.

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**SANTA CRUZ WOMEN'S HEALTH CENTER**

250 Locust Street  
 Santa Cruz, CA 95060  
 427-3500, fax: 457-2486  
 Website: <http://www.scwomenshealth.org>

**Hours:** M,W,Sat 8-5pm, and TTh 8-8pm

**Services:** Prenatal care, nutrition/health education, psycho-social assessment & support. Other services: pregnancy testing & counseling, family planning, pediatrics. General medical clinic for women and children.

**Eligibility / Fee:** Medi-Cal, insurance, sliding scale

**Languages spoken:** Spanish and English

**Area served:** All of Santa Cruz County.

**SECOND HARVEST FOOD BANK**

800 Ohlone Parkway  
 Watsonville, CA 95076  
 722-7110, fax: 722-0435  
 Santa Cruz: 662-0487  
 Community Food Hotline: 662-0991  
 Website: [www.thefoodbank.org](http://www.thefoodbank.org)

**Hours of service:** M-F 9 m-5 pm

**Services:** Community Food Hotline, referrals to Emergency food programs.

**Eligibility / Fee:** Federal poverty guidelines and residency

**Language spoken:** English and Spanish

**Area served:** All of Santa Cruz and San Benito counties

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**SHELTER PROJECT****Community Action Board**

501-E Soquel Avenue  
 Santa Cruz, CA 95062  
 457-1741, fax: 457-0617  
 Shelter Hotline: 457-0511 or 728-4634 (Watsonville)  
 Website: [www.cabinc.org](http://www.cabinc.org)

**Hours of service:** M-F 9am-5 pm

**Services:** Rental assistance, motel vouchers for medical Emergency, people with HIV/AIDS, voice mail services for homeless people seeking jobs or housing or needing communication with a medical provider, advocacy & information.

**Eligibility / Fee:** Call for information.

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

**SIENA HOUSE MATERNITY HOME**

108 High Street  
Santa Cruz, CA 95060  
425-2229, fax: 425-0139  
Website: [www.sienahouse.org](http://www.sienahouse.org)

**Hours of service:** Office: 9 am -5 pm

**Services:** Residential program of support, education & guidance for pregnant and early postpartum women in need.

**Eligibility / Fee:** Call for eligibility requirements. No fee.

**Languages spoken:** English

**Area served:** All of Santa Cruz County.

**SPECIAL CONNECTIONS FAMILY RESOURCE CENTER**

984-2 Bostwick Lane	Mailing Address
Santa Cruz, CA 95062	809 H. Bay Ave
464-0669	Capitola, CA 95010

**Hours:** Call for information

**Services:** Resource, information and support for families of infants and toddlers with special needs; parent to parent support; parent education, information on early intervention and community resources.

**Eligibility / Fee:** Children birth to 3 years of age with special needs. No fee. Must be enrolled in the early start program.

**Language spoken:** English & Spanish.

**Area served:** Santa Cruz and San Benito counties.

**SPECIAL EDUCATION LOCAL PLAN AREA PROGRAMS - (SELPA)**

**Special Services**

294 Green Valley Road	Duncan Holbert School
Watsonville, CA 95076	130 Herman Ave, Watsonville
464-5677, fax: 728-8107	761-6066
Website: <a href="http://www.nscselpa.org">www.nscselpa.org</a>	

**Hours of service:** M-F 8am-4pm

**Services:** Identification, assessment and provision of quality educational programs for children with disabilities, according to the school district area in which the family resides. An *Individualized Education Program (IEP)* team, which includes the child’s parent(s), develops educational goals and objectives for the child and determines what special services are needed.

**Eligibility / Fee:** All parents with children birth to 22 years residing within one of the school district areas. No fee. Can request an assessment and evaluation to determine eligibility for special education services.

**Languages spoken:** English and Spanish

**Area served:** By district area – PVUSD or North Santa Cruz County

**SPECIAL PARENTS INFORMATION NETWORK (SPIN)**

P. O. Box 2367  
Santa Cruz, CA 95063  
Ph: 423-7713 & 722-2800  
Website: [www.spinsc.org](http://www.spinsc.org)

**Hours of service:** Voice mail message will be returned.

**Services:** A parent-directed family resource center for families of children with special needs and providers who serve them. Provides information, training, referral resources, support, advocacy and empowerment, educational events, and mentoring.

**Eligibility / Fee:** None

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

**ST. FRANCIS CATHOLIC KITCHEN**

205 Mora Street  
 Santa Cruz, CA 95060  
 459-6712

Website: <http://www.stfrancissoupkitchen.org>

**Hours of service:** See hours listed below.

**Services:** Lunch served M-F 12:00-1:00pm.  
 Showers provided M-F 11:00-12:00pm.  
 Clothing provided M,W, F 11:30-1:00pm.

**Eligibility / Fee:** No alcohol/drugs, no fee.

**Languages spoken:** English, but Spanish translators often available; all language speakers welcome.

**Area served:** All of Santa Cruz County.

**ST. PATRICK'S LOAVES AND FISHES**

150 Second Street  
 Watsonville, CA 95076  
 722-4144, fax: 722-5269

website <http://members.cruzio.com/~loavesandfishes>

**Hours of service:** M-F Pantry 9 –11:30am. Closed first Monday of month.

**Services:** Food pantry (food boxes & bags). Hot lunches served at 12 Noon.

**Eligibility / Fee:** Food pantry - I.D. card, proof of income, and address, no fee.

**Languages spoken:** English and Spanish

**Area served:** South Santa Cruz County & Pajaro.

**SUTTER LACTATION CENTER****Sutter Maternity and Surgical Center**

2900 Chanticleer Avenue  
 Second Floor  
 Santa Cruz, CA 95065-1152  
 477-2229, fax: 477-2221

Website: <http://www.suttermatsurg.org>

**Hours of service:** Call for hours.

**Services:** Lactation counseling & education, sales & rental of breast pumps, breastfeeding support products, video & book lending library, drop-in support groups.

**Eligibility / Fee:** Variable, services covered by some insurance including Central California Alliance for Health & Medi-Cal, support groups free.

**Languages spoken:** English and Spanish, translators for all languages available through AT&T Language Line Service

**Area served:** All of Santa Cruz County

**SUTTER MATERNITY & SURGERY CENTER****Birth Center, Medical & Surgical Services**

2900 Chanticleer Avenue  
 Santa Cruz, CA 95065  
 477-2200

Website <http://www.suttermatsurg.org>

**Hours of service:** 24 hours daily

**Services:** Inpatient/outpatient testing, labor & delivery, pre- & post-partum mother and newborn care. Weekly drop-in group for mothers with babies, birth to 6 months old, CPR & infant massage; lactation center - individual and group support, pump station; medical/surgical care.

**Eligibility / Fee:** Medi-Cal, insurance, cash; support group free

**Language spoken:** English and Spanish, translators for all languages available through AT&T Language Line Service.

**Area served:** All of Santa Cruz county.

**TEENAGE MOTHERS PROGRAMS**

Santa Cruz High School	Watsonville High School
415 Walnut Avenue	250 East Beach Street
Santa Cruz, CA 95060	Watsonville, CA 95076
429-3698	728-6393
429-3699	

**Hours of service:** Santa Cruz: M-F 8 am-1 pm  
 Watsonville M-F 7:45 am-3 pm

**Services:** High school classes, child development and parenting education; counseling in career and personal development.

**Eligibility / Fee:** Pregnant and/or parenting teens; must be under 19 years old to begin program.

**Languages spoken:** English,/Spanish.

**Area served:** North and south Santa Cruz County

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**VALLEY CHURCHES UNITED MISSIONS**

9400 Highway 9  
 P. O. Box 367  
 Ben Lomond, CA 95005  
 336-5651. fax: 336-5689  
 Website: [www.vcum.org](http://www.vcum.org)

**Hours of service:** TWTh 9am-12pm, Fri 9am-11am, Sat. 10am-12noon

**Services:** Emergency food pantry, information & referral services, Emergency rental assistance, gas and food vouchers, limited utilities & medical assistance.

**Eligibility / Fee:** San Lorenzo/Scotts Valley or adjacent unincorporated area resident or homeless, no fee.

**Languages spoken:** English, limited Spanish.

**Area served:** San Lorenzo Valley, Scotts Valley.

**VISITING NURSES ASSOCIATION**

2880 Soquel Ave, Suite 10  
 Santa Cruz, CA 95062  
 479-6620, fax: 464-8429  
 Website [www.santacruzvna.org](http://www.santacruzvna.org)

**Hours of service:** 24 hours a day

**Services:** In-home nursing care for postpartum mothers and their babies - follow-up care after hospitalization, infusion therapy, mental health care, non-medical personal care.

**Eligibility / Fee:** Medi-Cal, insurance, private pay

**Languages spoken:** Spanish and English, other languages available.

**Area served:** All of Santa Cruz County.

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**VOUCHER PROJECT / SCC PARENTS ASSOCIATION**

9047 Soquel Drive, Suite D  
 Aptos, CA 95003  
 688-2152, fax: 688-2156  
 Website [www.voucherproject.org](http://www.voucherproject.org)

**Hours of service:** M-F 8 am-5 pm, waiting list info: 9-4pm

**Services:** Payment assistance for child care services for eligible families; resource and child assessment assistance, book & video lending library. Childcare providers must be licensed or licensed exempt.

**Eligibility / Fee:** Based on income and family size, possible share of cost, waiting list.

**Languages spoken:** English and Spanish

**Area served:** All of Santa Cruz County

**WALNUT AVENUE WOMEN'S CENTER**

303 Walnut Avenue  
 Santa Cruz, CA 95060  
 426-3062; fax: 426-3070  
 Website: [www.wawc.org](http://www.wawc.org)

**Hours of service:** 24-hour hotline: 1-866-2 My Ally (1-866-269-2559)

**Services:** Domestic violence / child abuse prevention & intervention, subsidized childcare, teen mothers program, food bank, women's work center & clothes closet, parenting & exercise classes, breast cancer prevention/support groups.

**Eligibility / Fee:** None, fee for exercise classes only.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

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**WATSONVILLE COMMUNITY HOSPITAL**

75 Nielson Road  
 Watsonville, CA 95076  
 CPSP / Outpatient Perinatal Services: 763-6015  
 Maternity Unit: 761-5611  
 Education classes: 761-5618 Spanish classes: 763-6015  
 Website: <http://www.watsonvillehospital.com>

**Hours of service:** CPSP: M-F 9 am-5:30 pm  
Maternity Unit: 24 hours daily

**Maternity Services:** CPSP: Comprehensive perinatal support services, including *Sweet Success* program for gestational diabetes. Childbirth preparation, smoking cessation, health & safety classes, labor & deliver, Level II intensive care nursery.

**Postpartum Support:** Baby Talk – mother infant support group, Wednesdays, 10:00a.m. – 12:00p.m. Lactation Services.

**Eligibility / Fee:** Medi-Cal, insurance, private pay

**Languages spoken:** Spanish and English.

**Area served:** Santa Cruz and north Monterey counties.

**WATSONVILLE HOSPITAL LACTATION CENTER****Watsonville Community Hospital**

75 Nielson Road  
 Watsonville, CA 95076

**Hours of service:** M 11am-4 pm; Weds. 9am-1pm

**Services:** Breastfeeding support, breastfeeding pumps, support services for Alliance mothers, referrals to other needed services.

**Eligibility / Fee:** Alliance/Medi-Cal, private insurance, private pay

**Languages spoken:** Spanish and English.

**Area served:** All of Santa Cruz County.

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**WELFARE & LOW INCOME SUPPORT NETWORK (WeLISN)**

509 Broadway  
 Santa Cruz, CA 95060  
 458-9070, fax: 458-9077

**Hours of service:** Office: M&W 1-4pm, Fri. appointment only.

**Services:** Emergency food pantry, paralegal, advocacy services for dealing with government such as Welfare, SSI, Medi-Cal, etc., Emotional support, opportunities to learn job skills, network & obtain clothing.

**Eligibility / Fee:** None, donations of money and/or time welcome.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

## WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM

### Community Bridges, Inc.

1105 Water Street  
Santa Cruz, CA 95062  
426-3911, fax: 426-0437

18 W. Lake Avenue, Suite A  
Watsonville, CA 95076  
722-7121, fax: 722-8532

Website: [www.wicworks.ca.gov](http://www.wicworks.ca.gov)

#### Hours of service:

Santa Cruz: M-Th 8am-6pm  
Watsonville: M-Th 8am-5pm, Fri. 8am-12pm  
Services available in San Lorenzo Valley and Davenport Resource  
Services Center - call Santa Cruz office for more information.

**Services:** Supplemental food coupons, nutritional assessments,  
education and counseling, Regalo de Amor Lactation Center, classes,  
referrals to medical care and other social services, and breastfeeding  
counseling.

**Eligibility / Fee:** Santa Cruz county/95076 zip code resident; no fee.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz county and 95076 zip code.

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## WOMEN'S CRISIS SUPPORT/DEFENSA DE MUJERES

233 E. Lake Ave  
Watsonville, CA 95076  
722-4532, fax: 722-4990

1537 Pacific Ave, Suite 300  
Santa Cruz, CA 95060  
425-4030, fax: 426-6690

**24-hour crisis line:** 685-3737

**24-hour crisis line:** 685-3737

Email: [postmaster@wcs-ddm.org](mailto:postmaster@wcs-ddm.org)

Website: [www.wcs-ddm.org](http://www.wcs-ddm.org)

**Hours:** Watsonville: M-F 9am to 5pm  
Santa Cruz: M-F 9am to 5pm

**Services:** Emergency shelter, crisis counseling, Emergency response to  
domestic violence & sexual assault survivors; advocacy; support groups;  
legal assistance; presentations & training; children's services; family  
work-shops; neighborhood outreach; community organizing; and self-  
defense classes.

**Eligibility / Fee:** Sliding scale to free, depending on ability to pay.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz County.

## WOMEN'S VENTURES PROGRAM

### Community Action Board

406 Main Street, Suite 202  
Watsonville, CA 95076  
724-0206, fax: 724-0200, Emails: [wvp@cruzers.com](mailto:wvp@cruzers.com);  
Website: [www.cabinc.org](http://www.cabinc.org)

**Office hours:** M-F, 9 am -5 pm; Call for appointment/information.

**Services:** Offers a six-week training program to low-income women  
interested in careers in high-wage, non-traditional jobs in the areas of  
transportation, public safety and the building trades. Includes career  
exploration, hands-on training, support and guidance, and job placement  
assistance.

**Eligibility / Fee:** Women who are on CalWORKS, are must be over 18  
yrs or older, are unemployed or are struggling to make ends meet.  
Income assessment needed for eligibility. Application requires.

**Languages spoken:** Spanish and English.

**Area served:** All of Santa Cruz County.

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## YOUTH SERVICES

709 Mission Street  
Santa Cruz, CA 95060  
425-0771, fax: 425-1526

241 East Lake Avenue  
Watsonville, CA 95076  
688-8856, fax: 728-3629

**Hotline:** 425-0771 (24 hours)

Website: [www.sccccc.org](http://www.sccccc.org)

**Hours of service:** M-F 9am-5pm  
24-hour crisis line

**Services:** Individual and group counseling services to adolescents and  
families, drug treatment, parent support groups, school presentations by  
peers.

**Eligibility / Fee:** Sliding scale, Medi-Cal for 8-week intervention group  
only.

**Languages spoken:** English and Spanish.

**Area served:** All of Santa Cruz Count

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