



SANTA CRUZ COUNTY MENTAL HEALTH SERVICES ACT 3 YEAR DRAFT PLAN FOR COMMUNITY SERVICES & SUPPORT

THE STATED PURPOSE OF THE MENTAL HEALTH SERVICES
ACT IS TO “EXPAND MENTAL HEALTH SERVICES” IN
CALIFORNIA

STATE DEPARTMENT OF MENTAL HEALTH TO STAKEHOLDERS

“...THE STATE DEPARTMENT OF MENTAL HEALTH (DMH) INTENDS TO ASSURE THAT COUNTY MENTAL HEALTH DEPARTMENTS EXPEND FUNDS MADE AVAILABLE THROUGH THIS INITIATIVE TO TRANSFORM THE CURRENT MENTAL HEALTH SYSTEM IN CALIFORNIA...”

“...AND MOVE IT FROM ITS PRESENT STATE TOWARD A STATE-OF-THE-ART, CULTURALLY COMPETENT SYSTEM THAT PROMOTES RECOVERY /WELLNESS THROUGH INDEPENDENCE, HOPE, PERSONAL EMPOWERMENT, AND RESILIENCY FOR ADULTS AND SENIORS WITH SEVERE MENTAL ILLNESS AND FOR CHILDREN WITH SERIOUS EMOTIONAL DISORDERS AND THEIR FAMILIES...”

“...THIS WILL NOT BE “BUSINESS AS USUAL”. EVENTUALLY ACCESS WILL BE EASIER, SERVICES MORE EFFECTIVE AND OUT-OF-HOME AND INSTITUTIONAL CARE WILL BE REDUCED.”



COMMUNITY PARTICIPATION IN PLANNING



	NUMBER	ATTENDANCE
PHASE I MEETINGS	18	655
PHASE II MEETINGS	36	412
FOCUS GROUPS	9	131
TOTALS	63	1198

SURVEY PROVIDER	NUMBER
COUNTY MENTAL HEALTH	774
DIGITAL BRIDGES	584
BARRIOS UNIDOS	322
TOTALS	1680

PARTICIPANTS W/O DIGITAL BRIDGES & BARRIOS UNIDOS	NUMBER	%
CONSUMERS	650	33
FAMILY MEMBERS	216	11
PROVIDERS	744	38
STAKEHOLDERS	362	18
TOTALS	1972	100%

PARTICIPANTS	NUMBER	%
CONSUMERS	650	23
FAMILY MEMBERS	1,122	39
PROVIDERS	744	26
OTHER STAKEHOLDERS & PUBLIC	362	12
TOTALS	2878	100%

PREVALENCE DATA AND PRIMARY NEEDS

- CHILDREN & FAMILIES:
 - INCREASED EMPHASIS ON OUTREACH & ENGAGEMENT TO EXPAND CULTURALLY COMPETENT SERVICES TO LATINO CHILDREN AGED 0-11
- TRANSITION AGE YOUTH (18-25 YEARS OF AGE):
 - EXPAND BEST PRACTICE INTEGRATED SERVICE MODEL INCLUDING; HOUSING, EMPLOYMENT SUBSTANCE ABUSE, HEALTH CARE, AND INTENSIVE & CULTURALLY COMPETENT SERVICES (AB2034, PUENTES)
- OLDER ADULTS (60 YEARS AND OLDER):
 - CREATE BEST PRACTICE INTEGRATED SERVICE MODEL INCLUDING INCREASED MOBILE & HOME-BASED SERVICES, COLLABORATION WITH HEALTH & SOCIAL SERVICE PROVIDERS TO REDUCE INSTITUTIONALIZATION SMALL CULTURALLY COMPETENT CASELOADS, & INCREASE OPPORTUNITIES FOR CLIENTS TO RESIDE IN THE COMMUNITY OF THEIR CHOICE
- ALL AGES:
 - INCREASED LATINO OUTREACH & ENGAGEMENT, ACCESS AND UTILIZATION, TO MORE CLOSELY REFLECT PREVALENCE DATA AND THE RACE/ETHNICITY DIVERSITY

SUMMARY OF SANTA CRUZ SYSTEM OF CARE MHSA PROGRAMS AND STRATEGIES



TOTAL BUDGETED \$ MHSA EXPANSION

	TOTAL \$	MHSA \$	OTHER FUNDING (FEDERAL, STATE, LOCAL & GRANT
ADULT	6,524,500	1,673,500	4,851,000
CHILD	2,531,929	217,000	2,314,929
ADMIN	1,006,000	229,000	741,000
TOTAL	10,062,429	2,119,500	7,906,929

3.4 MILLION IN CONTRACTS

ADULTS

ADDS 42 COUNTY POSITIONS AND \$2 MILLION
IN CONTRACT SERVICES & SUPPORTS

PROGRAMS TO TRANSFORM THE SYSTEM

- PERSON-CENTERED PROGRAM OF MENTAL
HEALTH SERVICES & SUPPORTS
- CONSUMER, PEER, AND FAMILY SERVICES
- COMMUNITY SUPPORT SERVICES
- ENHANCED CRISIS RESPONSE

ADULT OVERVIEW MENTAL HEALTH SERVICES ACT DRAFT PLAN

PERSON-CENTERED PROGRAM OF MENTAL HEALTH SUPPORTS AND SERVICES

- A. TRANSITION AGE YOUTH TEAM; CREATION OF FULL SERVICE PARTNERSHIP, INCREASE CAPACITY, INCREASE LATINO/SOUTH COUNTY ACCESS; ADD 3.0 COORDINATORS, 1.0 NURSE PRACTITIONER, 1.0 PSYCHIATRIST, 1.0 OCCUPATIONAL THERAPIST. 1.0 MEDICAL ASSISTANT, .5 PEER COUNSELOR, 1.0 EMPLOYMENT SPECIALIST.
- B. OPAL CLIFF AND DARWIN; 15 BEDS, INTEGRATED WITH TRANSITION TEAM, ENHANCED LATINO CAPACITY
- C. OLDER ADULTS TEAM; CREATION OF FULL SERVICE PARTNERSHIP, INCREASE ACCESS AND CAPACITY; ADD 3.0 COORDINATORS, 1.0 PSYCHIATRIST, 1.0 NURSE PRACTITIONER, 1.0 OCCUPATIONAL THERAPIST, 1.0 MEDICAL ASSISTANT, .5 PEER COUNSELOR
- D. PUENTES TEAM; ADD 1.0 COORDINATOR AND .5 EMPLOYMENT SPECIALIST, INCREASE CAPACITY, AND LATINO/SOUTH COUNTY ACCESS
- E. SOUTH COUNTY TEAM; INCREASE CAPACITY, EXPANSION OF LATINO/SOUTH COUNTY ACCESS, INTEGRATED SERVICES; ADD 3.0 COORDINATORS, .5 NURSE PRACTITIONER, .5 PSYCHIATRIST, 1.0 MEDICAL ASSISTANT
- F. RECOVERY TEAM; ADD 2.0 COORDINATORS, .5 PEER COUNSELOR
- G. HOPE TEAM; ADD 1.0 COORDINATOR
- H. JAIL DISCHARGE PLANNER; SERVICE EXPANSION TO LATINO INMATES
- I. SUBSTANCE ABUSE; ADD 2.0 SUBSTANCE ABUSE (DUAL DIAGNOSIS) SPECIALISTS, INTEGRATED MENTAL HEALTH AND SUBSTANCE ABUSE TREATMENT, AND TRANSFORM DUAL DIAGNOSIS TREATMENT

ADULT OVERVIEW MENTAL HEALTH SERVICES ACT DRAFT PLAN

COMMUNITY SUPPORT SERVICES

- A. FRONT STREET SUPPORTED HOUSING; 33 SUPPORTED HOUSING UNITS, ADD PROPERTY MANAGER
- B. SANTA CRUZ COMMUNITY COUNSELING CENTER SUPPORTED HOUSING; 117 SUPPORTED HOUSING UNITS, ADD PEER COUNSELORS
- C. SUPPORTED EMPLOYMENT; ADD 1.5 EMPLOYMENT SPECIALIST (FOR TAY TEAM AND PUENTES), 1.0 JOB DEVELOPER, .5 EDUCATION SPECIALIST, 1.0 PSYCHOTHERAPIST

CONSUMER, PEER, AND FAMILY SERVICES

- A. MENTAL HEALTH CLIENT ACTION NETWORK WELLNESS RECOVERY CENTER; ADD PEER COUNSELORS, .5 PSYCHIATRIST, .5 NURSE PRACTITIONER, 1.0 PSYCHOTHERAPIST
- B. MARIPOSA WELLNESS RECOVERY CENTER; EXPAND HOURS OF OPERATION, ADD .5 NURSE PRACTITIONER AND .5 PSYCHIATRIST, INCREASE LATINOS/SOUTH COUNTY ACCESS
- C. MENTAL HEALTH CLIENT ACTION NETWORK PEER COUNSELING PROGRAM; ADD 3.0 PEER COUNSELORS TO SUPPORT TEAMS
- D. COMPEER; ADD .5 PROGRAM COORDINATOR AND PEER COUNSELORS

ENHANCED CRISIS RESPONSE

- A. CENTER FOR HOPE AND HEALING; 10 BEDS FOR CRISIS STEP-DOWN FROM HOSPITAL AND IMD, 3.0 PSYCHOTHERAPIST, .5 PSYCHIATRIST, .5 NURSE PRACTITIONER
- B. FRONT STREET CRISIS BEDS; 3 BEDS, VOLUNTARY CRISIS RESIDENTIAL ALTERNATIVE TO HOSPITAL, .5 NURSE PRACTITIONER, .5 PSYCHIATRIST
- C. STAT TEAM; ADD 1.0 MOBILE CRISIS WORKER, ASSIGNED TO SOUTH COUNTY
- D. 7TH AVENUE CRISIS STABILIZATION; 23 HOUR ALTERNATIVE TO LOCKED INPATIENT, .5 PSYCHIATRIST

CHILDREN & YOUTH

ADDS 12 COUNTY POSITIONS AND \$1.4 MILLION IN
CONTRACTED SERVICES

PROGRAMS TO TRANSFORM THE SYSTEM

INCREASED ACCESS & SERVICES

- COMMUNITY GATE
- EDUCATION GATE
- PROBATION GATE
- CHILD WELFARE GATE
- SPECIAL FOCUS AREAS

CHILD/YOUTH/TRANSITION-AGE OVERVIEW OF MENTAL HEALTH SERVICES ACT (MHSA) DRAFT PLAN

COMMUNITY GATE:

INCREASED ACCESS FOR PARENTS SEEKING HELP FOR THEIR CHILDREN

- 1 NEW CLINICIAN FOR IMPROVED MENTAL HEALTH SCREENING, ASSESSMENT, AND REFERRAL COORDINATION FOR FAMILIES SEEKING HELP
- 1 NEW CLINICIAN FOR IMPROVED DUAL DIAGNOSIS MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT FOR FAMILIES SEEKING HELP.
- 1 NEW CHILD PSYCHIATRIST FOR IMPROVED CONSULTATION WITH FAMILIES AND REFERRING PHYSICIANS
- 2 COMMUNITY-BASED AGENCY CONTRACTS (\$100,000 EACH) FOR IMPROVED DUAL DIAGNOSIS MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT FOR CHILDREN/YOUTH BEFORE DEEPER INVOLVEMENT WITH PROBATION AND CHILD WELFARE

CHILD/YOUTH/TRANSITION-AGE OVERVIEW OF MENTAL HEALTH SERVICES ACT (MHSA) DRAFT PLAN

EDUCATION GATE:

CHILDREN, PARENTS & TEACHERS WILL HAVE MORE SUPPORTS AT SCHOOL..

- 2 NEW CLINICIANS FOR IMPROVED SCHOOL-LINKED OUTREACH, CONSULTATION, AND ASSESSMENT TO ALL SCHOOL DISTRICTS
- 1 NEW CLINICIAN FOR IMPROVED DUAL DIAGNOSIS TREATMENT FOR STUDENTS REFERRED WITH SERIOUS EMOTIONAL DISTURBANCES (DOES NOT HAVE TO BE SPECIAL EDUCATION ELIGIBLE)
- 1 NEW CLINICIAN TO LINK WITH THE PAJARO VALLEY UNIFIED SCHOOL DISTRICT (PVUSD) (TODOS GRANT)
- 1 NEW YOUTH SERVICES CONTRACT (WITH PVUSD MATCHING FUNDS) FOR IMPROVED SERVICES TO TARGETED PVUSD SCHOOLS (\$422,000)
- 1 NEW PAJARO VALLEY PREVENTION & STUDENT ASSISTANCE (PVPSA) CONTRACT (WITH PVUSD MATCHING FUNDS) FOR IMPROVED BILINGUAL SERVICES TO TARGETED PVUSD SCHOOLS (\$180,000)

CHILD/YOUTH/TRANSITION-AGE OVERVIEW OF MENTAL HEALTH SERVICES ACT (MHSA) DRAFT PLAN

CHILD WELFARE GATE:

CHILDREN IN FOSTER CARE, AND THEIR PARENTS, WILL RECEIVE MORE HELP IN MAINTAINING THEIR FAMILIES; OLDER FOSTER YOUTH WILL RECEIVE MORE HELP AS THEY TURN 18 TO BECOME RESPONSIBLE ADULTS...

- 2 NEW CLINICIANS FOR IMPROVED DUAL DIAGNOSIS MENTAL HEALTH & SUBSTANCE ABUSE SERVICES, FOCUSING ON PARENTS OF FOSTER CHILDREN (PARTICULARLY AGED 0-5)
- 2 NEW CLINICIANS FOR IMPROVED THERAPEUTIC VISITATION SERVICES TO HELP CHILDREN RETURN HOME TO THEIR PARENTS (PARTICULARLY YOUNG CHILDREN)
- 1 NEW TRANSITION-AGE FOSTER YOUTH COORDINATOR TO HELP MONITOR AND LINK YOUTH LEAVING SERVICES AND MOVING INTO YOUNG ADULTHOOD
- 1 NEW COMMUNITY SUPPORT SERVICES CONTRACT FOR IMPROVED TRANSITION-AGE SERVICES TO YOUTH, LINKED WITH TRANSITIONAL HOUSING SUPPORTS (\$60,000, LEVERAGED WITH CHILDREN'S NETWORK "TRUST FUND")
- 1 NEW COMMUNITY-BASED AGENCY CONTRACT (\$200,000) FOR IMPROVED SERVICES TO FOSTER CHILDREN RETURNING HOME TO THEIR FAMILIES

CHILD/YOUTH/TRANSITION-AGE OVERVIEW OF MENTAL HEALTH SERVICES ACT (MHSA) DRAFT PLAN

PROBATION GATE:

*YOUTH WILL GET HELP EARLIER TO PREVENT GETTING IN TROUBLE
WITH THE LAW*

- 2 NEW COMMUNITY-BASED AGENCY CONTRACTS (ONE FOR \$200,000; ONE FOR \$100,000) TO IMPROVE DUAL DIAGNOSIS MENTAL HEALTH & SUBSTANCE ABUSE SERVICES FOR YOUTH BEFORE DEEPER INVOLVEMENT WITH PROBATION
- NOTE: PLANS FOR ADDITIONAL SB 163 WRAPAROUND SLOTS, AND FUNDS FOR HIGH-END PLACEMENT COSTS AS ALTERNATIVE TO EXTENDED JUVENILE HALL STAYS, ARE INCLUDED WITH OTHER FUNDING SOURCES

CHILD/YOUTH/TRANSITION-AGE OVERVIEW OF MENTAL HEALTH SERVICES ACT (MHSA) DRAFT PLAN

SPECIAL FOCUS:

INCREASE ROLES FOR PARENTS & YOUTH IN PROVIDING PEER SUPPORT AND ADVOCACY...

- 1 NEW COMMUNITY-BASED AGENCY CONTRACT TO INCREASE FAMILY PARTNERSHIP SERVICES INTEGRATED WITH OUR SYSTEM OF CARE (\$100,000)
- 1 NEW CONTRACT TO INCREASE FAMILY PARTNERSHIP SERVICES TO OUR SB 163 WRAPAROUND TEAMS (\$45,748)
- .75 FTE Family Advocate (\$30,000) to assist with outreach, advocacy, coordination