



Mental Health Services Act: Community Services & Supports

2008-2009 Update

Draft Report for Public Review
June 2, 2008

County of Santa Cruz

HEALTH SERVICES AGENCY

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Mental Health and Substance Abuse Services

LETTER FROM THE MENTAL HEALTH & SUBSTANCE ABUSE DIRECTOR

June 5, 2008

The Santa Cruz County Mental Health & Substance Abuse Services has completed an update of the Community Services and Supports (CSS) component of the Mental Health Services Act (MHSA/Proposition 63).

The Report is available for public review and comment from June 5, 2008 to July 5, 2008. You may provide comments in the following ways:

By fax: (831) 454-4663,

By telephone: (831) 454-4931 or (831) 454-4498,

By email to mhsa@co.santa-cruz.ca.us,

Or by writing to:

Santa Cruz County Mental Health & Substance Abuse Services

Attention: Alicia Nájera, MHSA Coordinator

1400 Emeline Avenue

Santa Cruz, CA 95060

Sincerely,

Leslie Tremaine
Director

SUMMARY MHS Community Services and Supports (CSS) work plans 2008-2009:

❖ This grid only shows MHS-funded positions and contracts.

Services Proposed (in our DMH contract)		<u>County Staff</u>	<u>Contracts</u>
1. Community Gate			
Population Served: Children, TAY, and parents	<p>Address the mental health needs of children/youth in the Community at-risk of hospitalization, placement, and related factors:</p> <ul style="list-style-type: none"> ▪ Improve our system so that at-risk youth are identified earlier and can get help before problems get serious ▪ Increase services for youth with both mental health and substance abuse issues. ▪ Increase service capacity for youth with both mental health and substance abuse issues. These services include assessment, individual, group, and family therapy with the goal of improved mental health functioning and maintaining youth in the community. 	Two mental health clinicians.	Youth Service, Family Services
2. Probation Gate			
Population Served: Children, TAY, and parents	<p>Increase Dual Diagnosis MH/Substance Abuse treatment for youth:</p> <ul style="list-style-type: none"> ▪ Identified by Juvenile Hall screening tools (i.e., MAYSI, CA Endowment Grant) with mental health and substance abuse needs that are released back into the community. ▪ Community youth with multiple risk factors for Probation involvement. ▪ Further expand mental health services in the Probation Gate to more youth families. These services include assessment, individual, group, and family therapy with the goal of improved mental health functioning and maintaining youth in the community. 	None	PVPSA, Youth Services

3. Child Welfare Services Gate			
Population Served: Children, TAY, and parents	<p>Address the mental health needs of children/youth in Child Welfare system:</p> <ul style="list-style-type: none"> ▪ Increase Mental Health Treatment provided to children in foster care (including children 0 – 5). ▪ Develop services for parents (with children in the CPS system) who have both mental health and substance abuse issues. ▪ Increase services to “transition age” youth (18-21 years old) who are leaving foster care to live on their own (as well as other youth with SED turning 18). ▪ Increase our service capacity. This will also increase our capacity to serve the 0-5 child population. These services will include assessment, counseling, family therapy and crisis intervention. 	Four mental health clinicians.	Parent Center
4. Education Gate			
Population Served: Children, TAY, and parents	<p>Address the mental health needs of children/youth in Education system at-risk of school failure:</p> <ul style="list-style-type: none"> ▪ Increase mental health services to children/youth with SED at school sites. ▪ Increase consultation and training of school staff in mental health issues regarding screening and service needs of students with SED. 	Two mental health clinician to be hired.	None
5. Special Focus: Family Partnerships			
Population Served: Children, TAY, and parents	<p>Increase Family & Youth Partnership programs regarding System of Care support, outreach, education, and services.</p> <ul style="list-style-type: none"> ▪ Expansion of community-based agency contract to provide additional parent and youth services in our System of Care. ▪ Proposed amendment will increase capacity for youth and family advocacy by contracting for these services with a community based agency. Emphasis will be on increasing youth-partnership activities. 	None.	Community Connection Youth Services

6. Enhanced Crisis Response			
Population Served: TAY, Adults, Older Adults	<p>Crisis response program:</p> <ul style="list-style-type: none"> ▪ Enable individuals to avoid or minimize the disruption and trauma of psychiatric hospitalization and/or incarceration, while maintaining their safety in a supportive, safe and comfortable environment. ▪ Provide individualized attention, and a “compassionate presence” for individuals in need on a 24/7 basis. ▪ Transform Center for Hope and Healing to a crisis residential program to enhance the capacity of voluntary alternatives to acute psychiatric hospitalization. ▪ Add a new mobile enhanced support team to assist adult Full Service Partnerships and other System of Care consumers maintain the least restrictive level of care. ▪ Add crisis specialists to the mobile crisis response team expanding the service and support capacity needed for non-System of Care individuals. ▪ Add additional staff to South County region to expand Access services and mobile crisis support. 	1.5 Mental Health Client Specialists	SCCCC,
7. Consumer, Peer & Family Services			
Population Served: TAY, Adults, Older Adults	<p>Expand countywide access to and the availability of culturally competent, recovery-oriented, peer-to-peer, community mentoring, and consumer-operated services.</p> <ul style="list-style-type: none"> ▪ Mariposa Wellness Center ▪ MHCAN Wellness Center ▪ Peer supports ▪ Family Advocacy for Adults (to start in May 2007) ▪ Facility improvements for Mariposa Wellness Center ▪ Stipends for consumers/family members 	None	MHCAN, Community Connection

8. Community Support Services			
Population Served: TAY, Adults, Older Adults	<p>Advance recovery goals by holding out hope and opportunities for all consumers to engage in meaningful work and learning activities.</p> <ul style="list-style-type: none"> ▪ SCCCC Housing supports ▪ Housing Coordinator at Front Street 	None	SCCCC, Front Street Inc., Volunteer Center
9. Person-Centered Program of MHSS			
Population Served: TAY, Adults, Older Adults	<p>Increase access and enhance geographic proximity of public mental health services, and increase the array and types of available services to Transition Age Youth, Adults and Older Adults.</p> <ul style="list-style-type: none"> ▪ Housing Coordinator ▪ Jail Discharge Planning ▪ Benefit Supports ▪ Older Adults Full Service Partnership Team ▪ Increase in staffing in Watsonville (South County Adult Team & Homeless MH Team) ▪ Darwin and Opal Cliffs ▪ Conversion of Transition Team to Full Service Partnership Team ▪ Increase service capacity in adult system of care with additional Mental Health Client Specialists, Mental Health Aides, and a Senior Case Data Clerk ▪ Contract for a licensed, 16-bed, 24/7, care facility for a mixed population of seniors and adults with bi-lingual bi-cultural services. 	7 mental health clinicians, 3 support staff, 1 benefit rep, 1 housing analyst. 1 FTE mh aides	SCCCC, Front Street Inc.

Santa Cruz County Mental Health & Substance Abuse Services

Administration			
	<p>Support the implementation of CSS, and future components of MHSA. Liaison with State Department of Mental Health and community stakeholders.</p> <ul style="list-style-type: none"> ▪ MHSA coordinator ▪ Administrative Aid ▪ Social Work Supervisor (Benefits Rep) ▪ Health Systems Application Manager 	4 positions	None

Exhibit 6

(Quarterly Targets by Work Plan)

**Fiscal Year: 2008-2009
Work Plan 1: Community Gate**

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					20
Number of individuals/families ACTUALLY SERVED					

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					120
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Children / Youth ages 0-15	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Adults ages 26-59	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Older Adults ages 60+	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

Fiscal Year: 2008-2009
Work Plan 2: Probation Gate

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					90
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Children / Youth ages 0-15	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Adults ages 26-59	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Older Adults ages 60+	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

Fiscal Year: 2008-2009
Work Plan 3: Child Welfare Gate

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					130
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Children / Youth ages 0-15	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Adults ages 26-59	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Older Adults ages 60+	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

**Fiscal Year: 2008-2009
Work Plan 4: Education Gate**

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:					38
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Children / Youth ages 0-15	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Adults ages 26-59	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Older Adults ages 60+	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

Fiscal Year: 2008-2009
Work Plan 5: Family Partnerships

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:					60
Number of individuals/families ACTUALLY SERVED					

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:					12
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Children / Youth ages 0-15	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Adults ages 26-59	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Older Adults ages 60+	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A

Fiscal Year: 2008-2009
Work Plan 6: Enhanced Crisis Services

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					50
Number of individuals/families ACTUALLY SERVED					

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					100
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Children / Youth ages 0-15					
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25					
Number of individuals/families targeted:					9
Number of individuals/families ACTUALLY SERVED					
Adults ages 26-59					
Number of individuals/families targeted:					13
Number of individuals/families ACTUALLY SERVED					
Older Adults ages 60+					
Number of individuals/families targeted:					3
Number of individuals/families ACTUALLY SERVED					

Fiscal Year: 2008-2009
Work Plan 7: Consumer, Peer & Family Supports

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:					60
Number of individuals/families ACTUALLY SERVED					

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:					90
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Children / Youth ages 0-15					
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25					
Number of individuals/families targeted:					3
Number of individuals/families ACTUALLY SERVED					
Adults ages 26-59					
Number of individuals/families targeted:					25
Number of individuals/families ACTUALLY SERVED					
Older Adults ages 60+					
Number of individuals/families targeted:					2
Number of individuals/families ACTUALLY SERVED					

Fiscal Year: 2008-2009
Work Plan 8: Community Support Services

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					0
Number of individuals/families ACTUALLY SERVED					

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Number of individuals/families targeted:					50
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<i>Unduplicated Annual Count</i>
Children / Youth ages 0-15	N/A	N/A	N/A	N/A	N/A
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED					
Transition Age Youth ages 16-25					
Number of individuals/families targeted:					6
Number of individuals/families ACTUALLY SERVED					
Adults ages 26-59					
Number of individuals/families targeted:					12
Number of individuals/families ACTUALLY SERVED					
Older Adults ages 60+					
Number of individuals/families targeted:					1
Number of individuals/families ACTUALLY SERVED					

Fiscal Year: 2008-2009
Work Plan 9: Person-Centered Programs

Outreach and Engagement:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:					38
Number of individuals/families ACTUALLY SERVED					

System Development:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Number of individuals/families targeted:					150
Number of individuals/families ACTUALLY SERVED					

Full Service Partnerships:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	<u>Unduplicated Annual Count</u>
Children / Youth ages 0-15					
Number of individuals/families targeted:	N/A	N/A	N/A	N/A	N/A
Number of individuals/families ACTUALLY SERVED	N/A	N/A	N/A	N/A	N/A
Transition Age Youth ages 16-25					
Number of individuals/families targeted:					38
Number of individuals/families ACTUALLY SERVED					
Adults ages 26-59					
Number of individuals/families targeted:					46
Number of individuals/families ACTUALLY SERVED					
Older Adults ages 60+					
Number of individuals/families targeted:					52
Number of individuals/families ACTUALLY SERVED					