

PROP 63
COMMITTEE: Transition Age Youth
CHAIR: Karolin Schwartz
DATE: 2/25/05

General Issues:

Youth Mentors, can be peers or persons from community

LIFE SKILLS

Skill Development – related to age group (life stage issues)

Money Mgmt, shopping, cooking, cleaning

Time mgmt

Community Service- volunteer Experience

Early intervention-expand age group 16-24

EDUCATION

Supports that are age & developmentally appropriate-interns from UCSC/Cabrillo to connect to educational opportunities, learn about 'student life'

Families need education on how to assist Transition Age Youth (TAY) to develop adult life skills

Skills / choices to integrate into age appropriate community activities
Tangible goals-driver's license

Participation by community members (i.e. sports coach):
Physical health awareness
Exercise (Yoga)
Nutrition

Substance Use avoidance programs for TAY-targeted support, redirection to other activities

Stigma

MENTAL HEALTH:

Alternative Treatment options = create MENU of options:
Holistic practices
Meditation
Decrease use of hospital, jail etc
Exit MH with minimal supports as needed

SOCIAL:

Expand peer relationships outside MH

Break down barriers between segments of TAY (children's services, social services etc).

Age/developmental appropriate activities/ relationships

VOCATIONAL:

Supported job opportunities

Job Coach

Journeyman / student worker position (apprenticeship):

Business options such as learning bike repair / resale

Pre-Vocational prep

Job seeking, obtaining & retention skills

Use of persons from business community to provide opportunities for skill learning

HOUSING

Small Apartment Building-8 to10 units with manager

Other age appropriate supports

Transportation- Shuttle Vans (?)

One-stop shopping (CalWorks type model)

Wellness Center for all TAY:incorporates following

Housing

Vocational

Educational

Social

Health