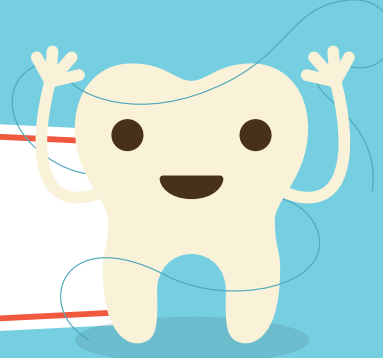


Dental Health Begins with Your Child's First Tooth



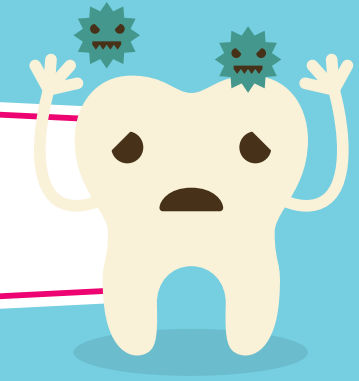
Every child should visit the dentist by their first tooth or first birthday



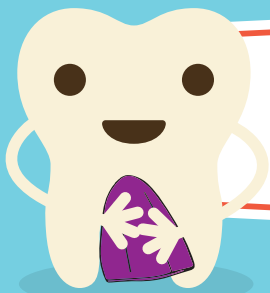
Talk to your dentist about how you can help prevent cavities



If you give your baby a bottle at bedtime, only give water – no milk, formula, juice, or sweet drinks



1 in 4 elementary school age children have tooth decay



Clean your infant's gums with a clean, damp cloth twice a day



Help your child brush in the morning and before bed

If your child is enrolled in Medi-Cal, he or she has dental benefits. Contact any one of the following for more information or to make an appointment:



800-322-6384 / denti-cal.ca.gov



831-464-5409 / dientes.org

Salud Para La Gente

Working Together for a Healthy Community

831-728-0222 / splg.org



831-430-5500 / cchah-alliance.org

Referred by: _____ Date: _____